

# Help for Healing Fund

*Because Everyone's Health Matters*

The Natural Care Center is the primary teaching clinic for the University, providing effective and compassionate service in natural health. Through the generosity of our donors we can offer highly discounted services to a greater number of patients and clients who may not otherwise be able to afford this care.

Before considering any of our services, please read all the information below carefully.

## **Services Offered**

Our student interns and faculty provide optimal healing possibilities through acupuncture, the healing properties of herbs, the power of integrative and functional nutrition, and the use of breath, movement, and mindfulness in yoga therapy.

## **List of Services**

- Acupuncture Treatments
- Chinese Herbal Medicine Consultations
- Nutrition Consultations
- Western Herbal Medicine Consultations
- Yoga Therapy Sessions

## **Team Care: University Teaching Clinic**

As a university teaching clinic, we offer the best of integrative health care – a thoughtful, planned approach that bridges contemporary science with traditional wisdom. With our team care model, you receive highly effective and compassionate health services from graduate student interns under the supervision of faculty supervisors who are experienced licensed or certified professionals.

## **What We Believe**

We teach and practice with the clear principles and values that most likely drew you to integrative health and MUIH. At our Natural Care Center, you'll also experience aspects of healing that are intentionally very unique.

- We believe that health outcomes are achieved when we understand and use the best of contemporary science as well as traditional, nature-based wisdom.
- We believe in using the least invasive approach possible to achieve improvement.
- We believe that the patient/client is at the center of every healing experience.
- We believe that the relationship between patient/client and practitioner is sacred and critical for healing.
- We believe that the body is wise and knows how to heal if given the opportunity, in an optimal environment, and provided with supportive treatment and tools for healthy change.
- We believe that symptoms can be our teachers and can help us to take action toward positive change.
- We believe that the mind, body and spirit are one and that healing is possible on all levels.

## Our Sliding Fees

Below are the qualifications for sliding fees:

DESCRIPTION	Acupuncture Treatments		Chinese Herbal Medicine Consultations		Acupuncture & Chinese Herbal Medicine Consultations		Western Herbal Medicine Consultations		Nutrition Therapy Consultations		Yoga Therapy Sessions	
	Initial	Follow Up	Initial	Follow Up	Initial	Follow Up	Initial	Follow Up	Initial	Follow Up	Initial	Follow Up
Individual: under \$25,000 Household: under \$55,000	\$28.00	\$20.00	\$28.00	\$20.00	\$30.00	\$26.00	\$28.00	\$20.00	\$28.00	\$20.00	\$28.00	\$28.00
Individual: under \$40,000 Household: under \$60,000	\$35.00	\$28.00	\$35.00	\$28.00	\$38.00	\$33.00	\$35.00	\$25.00	\$35.00	\$25.00	\$35.00	\$25.00
Individual: under \$50,000 Household: under \$65,000	\$42.00	\$33.00	\$42.00	\$33.00	\$45.00	\$39.00	\$42.00	\$30.00	\$42.00	\$30.00	\$42.00	\$30.00
Seniors: ages 65+	\$63.00	\$50.00	\$63.00	\$50.00	\$68.00	\$59.00	\$63.00	\$45.00	\$63.00	\$45.00	\$63.00	\$45.00
Active Duty Military	\$35.00	\$28.00	\$35.00	\$28.00	\$38.00	\$33.00	\$35.00	\$25.00	\$35.00	\$25.00	\$35.00	\$25.00

\*Active Duty is defined as full-time duty in the active military service of the United States of America. This includes members of the Reserve Components serving on active duty or full-time training duty, but does not include full-time National Guard duty.

## Patient/Client Policies

- Once approved, fee rates remain in place for one year from the date of approval based on the availability of funds. The individual will be responsible for re-applying for a new sliding fee after one year. If the sliding fee has expired, the individual will be responsible for 100% of the total cost of services.
- A patient/client will be allowed up to 3 visits with a supervised nutrition or Western herbal medicine student intern and 4 visits with an acupuncture, Chinese herbal medicine, or yoga therapy graduate intern.
- A patient may apply for additional treatments or other services.
- All appointments must be cancelled at least 24 hours in advance. A "no show" may leave you ineligible for our services.

If you think you qualify for these services and discounted fees please give us a call at the Natural Care Center during business hours at 410-888 9048 ext. 6614 so that we can discuss this possibility with you and you may be screened over the phone.

## Location

Maryland University of Integrative Health  
Natural Care Center  
7750 Montpelier Road  
Laurel, MD 20723  
2nd Floor