



SECTION EIGHT APPLIED PHILOSOPHY AND PRACTICE

Applied Philosophy and Practices Department

Programs not currently enrolling:
Master of Arts in Applied Healing Arts
Master of Arts in Transformative Leadership and Social Change

Administration

Cheryl Walker Shapero, M.L.
Academic Director, Applied Philosophy and Practices

Contact the Department

410-888-9048 ext. 6695

Department Overview

The Applied Philosophy and Practices Department (APP) provides foundational philosophy and practices courses for select Maryland University of Integrative Health programs. For program-specific requirements, please refer to each program section in the Academic Catalog.

Purpose

The mission of Applied Philosophy and Practices is to provide forward thinking, transformative coursework that enhances students' personal growth and well-being and prepares them to serve as healers, leaders, and change catalysts in their chosen fields.

Goals

Drawing on contemporary research and ancient contemplative practices, students in APP courses will develop the knowledge, skills, and practices that will enable them to:

- Understand and apply MUIH's Foundational Principles in their lives
- Become increasingly mindful, self-reflective, and intentional
- Foster self-care and positive relationships with others
- Challenge assumptions that may inhibit personal well-being and the ability to build rapport with others

Course of Study

The APP department serves the following programs:

Doctoral Degrees

- Doctor of Acupuncture
- Doctor of Oriental Medicine

Master's Degrees

- Master of Acupuncture
- Master of Oriental Medicine
- Master of Science in Health Promotion
- Master of Arts in Health and Wellness Coaching
- Master of Science in Nutrition with area of concentration in Human Clinical Nutrition
- Master of Science in Therapeutic Herbalism with area of concentration in Clinical Herbalism

Academic Certificates

- Post-Baccalaureate Certificate in Health and Wellness Coaching