

**Type of Opportunity:** Health & Wellness Coaching

**City:** Online

**State:** MD

**Details:** Integrative Cancer Health Coaches: Independent Contractor Positions Seeking compassionate and nurturing Integrative Cancer Health Coaches to partner with our clients at any stage of the cancer process. Cancer Coach for YOU (CCFY) is an integrative health coaching and education practice that incorporates a holistic approach to address clients' needs (physical, emotional, intellectual, social, spiritual, and environmental). CCFY supports clients who are interested in adopting healthy lifestyles to prevent cancer, cancer patients, cancer survivors, and caregivers. Integrative Cancer Health Coaches will be responsible for developing a positive coaching relationship with clients and assisting them to actively work towards better health and well-being by providing support, encouragement, and education. Work responsibilities include, but are not limited to:

- Aid clients (people who want to prevent cancer, cancer patients, cancer survivors, and caregivers) in identifying and addressing their physical, emotional, intellectual, social, spiritual and environmental needs.
- Use a holistic approach to partner with clients to tailor one-on-one and/or group coaching sessions. Sessions will be held electronically (e.g. Skype) or via phone.
- Assess clients' needs and goals.
- Provide initial consultation with clients to review assessments. Help the client set realistic goals.
- Co-create realistic healing and/or action plans. Work with clients to modify the plans as their needs change.
- Monitor the client's progress related to their established goals and provide accountability.
- Use evidence-based practices (e.g. Motivational Interviewing, Cognitive Behavioral techniques, Solution-Focused techniques, the Transtheoretical Model, Information-Motivation-Behavior-Skills techniques, and Appreciative Inquiry, etc.) to meet clients where they are, and assist, enable, and motivate them to take personal responsibility for their health and well-being.
- Support and encourage clients.
- Help clients deal with relationships with significant others, family, and friends.
- Assist clients in dealing with employment-related issues.
- Assist clients with adopting self-care practices (e.g. exercise, sleep, eating healthier (within the state laws of Maryland)).
- Educate clients about natural/holistic ways to combat cancer, manage side/late effects from treatments, live healthier, and promote their well-being.
- Educate the patient how to minimize the chance of cancer, cancer

recurrence, and/or progression of the disease.

- Help the clients cope with treatments and transitioning off treatment.
- Teach clients coping and stress reduction techniques.
- Save clients time and effort by doing research and providing educational information utilizing evidence-based resources. Research areas may include: diagnosis, treatment, side effects, late effects, and/or natural/holistic options.
- Perform administrative functions such as: reviewing assessments, completing and distributing call summaries and plans, providing information, and any other administrative tasks.
- Refer clients to resources to receive additional support when necessary.
- Help clients identify community support and resources.
- Provide email support in-between sessions (if necessary).

#### JOB TYPE

##### Independent Contractor

The position is a telecommuting role that requires the ability to work remotely, with a dedicated, private work space and high-speed internet access appropriate for conducting phone and online coaching sessions. Contractors are expected to work independently.

- Must be a business or sole proprietor (preferred in the State of Maryland).
- Hold and maintain Professional Liability Insurance while working for the company.
- Be willing to sign and comply with the Independent Contractor agreement.
- Must comply with the International Coaching Federation Code of Ethics (<http://coachfederation.org/about/ethics.aspx?ItemNumber=854>) while working for the company.

#### DESIRED QUALITIES & KNOWLEDGE

- Passionate about working with people who want to prevent cancer, cancer patients, cancer survivors, and caregivers.
- A positive attitude.
- Strong inner motivation to grow personally and professionally.
- Knowledge of western and holistic/natural approaches to cancer prevention, cancer diagnoses and treatments, late-effects from treatments, and/or caregiver problems (preferred).

- Knowledge of people who want to prevent cancer, cancer patients, cancer survivors, and/or caregivers' experiences (preferred).

#### SKILLS

- Outstanding interpersonal and communication skills required, specifically, the ability to engage in a dynamic clear conversation over the phone and via technology (e.g. Skype, email).
- Skilled at using evidence-based brief therapy and health coaching models, including: Motivational Interviewing, Cognitive Behavioral techniques, Solution-Focused techniques, Transtheoretical Model, Information-Motivation-Behavior-Skills techniques, and Appreciative Inquiry, etc.
- Strong writing skills and the ability to write clear notes and healing and action plans.
- Knowledge of resources and the ability to conduct research online using evidence-based information.
- Fluent in communication technology (Google tools, MS suite, email, Skype).
- Excellent keyboard and Web navigation skills, including the ability to document accurately and concisely, while simultaneously talking on the phone or via technology.
- Ability to actively listen to clients.
- Ability to be self-directed, highly organized, think critically and be proactive.

#### AVAILABILITY/PREFERENCES

- Flexibility to work with variable individual schedules across multiple time zones (this may involve working nights and weekends).
- Bilingual language skills a plus, but not required (please indicate any languages you are fluent in on your application).
- Cancer survivors or caregivers are welcome to apply.

#### EDUCATION/CERTIFICATION/EXPERIENCE

- Bachelor's degree or higher in integrative health coaching, coaching, social work, counseling, psychology, nursing, sociology, anthropology or related field.
- Certificate of Completion from a professional coach training program or coaching degree (required). Cancer coaching certificate or cancer survivorship coaching certificate (preferred).
- 1-3 years of coaching experience (including supervised training

experience) (preferred).

- Training and experience in using in coaching competencies, theories and methodologies.

- Experience delivering well-being interventions over the phone or electronically (preferred).

- Experience coaching clients who want to prevent cancer, cancer patients, cancer survivors, or caregivers (or one of these areas) (preferred).

#### APPLICATION REQUIREMENTS

- Cover letter
- Resume or curriculum vitae
- Professional references for 3 contacts (include their name, title, phone number, and email address)
- Desired hourly service rate
- Please indicate which populations (people who want to prevent cancer, cancer patient, cancer survivor, caregiver) you are most comfortable in working with
- Please indicate any languages you are fluent in (other than English)

Please submit all materials to Dr. Asher Beckwitt at [asherbeckwitt@gmail.com](mailto:asherbeckwitt@gmail.com).

Please put "application cancer health coach" in the subject line. This is an ongoing recruitment process. The contractor will receive an email to confirm receipt of the application. Applications will be reviewed upon receipt. If the contractor meets the current needs of the company, the contractor will be contacted for an interview. If not, your application will be held in the event that a need arises. Please do not follow-up with the company unless requested to do so.

**Contact:** Asher Beckwitt

**Telephone:** 703-577-3689

**Email:** [asherbeckwitt@gmail.com](mailto:asherbeckwitt@gmail.com)

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