Library Guide Hot Topic
Mind-Body Resources

Overviews

Mind-Body Medicine Practices in Complementary and Alternative Medicine
Information about mind-body medicine: yesterday, today, and tomorrow.

Mind-Body Medicine
http://www.umm.edu/altmed/articles/mind-body-000355.htm
General information and some history concerning mind-body medicine, authored by the University of Maryland Medical Center.

Books

There are nearly 300 books on the subject of "mind and body" at the Library. Search the online catalog and explore! The URL is http://resources.tai.edu:7195/webopac/main?siteid=TSophia Here are a few classic works on mind body medicine that are owned by the Library:

<table>
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<th>Title</th>
<th>Library Call Number or URL</th>
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**Title**

Library Call Number or URL: RC49.M523 1993

Library Call Number or URL: QP376.O76 1984

Library Call Number or URL: R726.5.S54 1986

Library Call Number or URL: R726.5.P59

**Current Awareness**

**Article Feed**

*Sherman Cohn Library, Maryland University of Integrative Health*


Live feed of articles from PubMed (Customized by Sherman Cohn Library) on the topic of mind-body therapies. The search results presented in this feed are on the MeSH (Medical Subject Heading) Term “mind body therapies”.

**Video Series**

*University of California Television: Mind Body Connection*


Contemporary lectures on the topic of mind body connection in video format.

**Search Tips**

Conducting a search? Words or phrases that might yield helpful results include: psychoneuroimmunology, placebo effect, neurotheology, immunomodulators, mind, body, somatic, psychosomatic, psychoneuroendocrine system, spiritual, hypothalamic-pituitary-adrenal (HPA) axis, meditation, mindfulness, prayer.

Note that mind body can also be written as mind-body or mind/body. Some phrases including mind body are: mind body connection, mind body medicine, and mind body therapies. Experiment with the use of mind-body and mind/body in the preceding phrases to see if search results differ. If the system you are searching uses controlled vocabulary, consider engaging in a subject search on the term of interest.

When the search interface permits truncation, use it. Here is an example of how it works, (assuming that an asterisk * is the character noting truncation), a search on pray* should yield records containing the words: pray, prays, praying, prayer, prayers, prayerful.