



**Tai Sophia
Institute**

For Immediate Release
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LEARN TOP WELLNESS TRENDS & CAREERS at TAI SOPHIA INSTITUTE on FEBRUARY 23

Co-Founder Bob Duggan and Expert Panel Featured

February 8, 2011 (Laurel, MD) – Tai Sophia Institute, a leading, accredited graduate school for wellness-based studies, will host ***“Top Career Trends in the Wellness Revolution: What You Need to Know”*** on ***Wednesday, February 23*** from ***6:00 p.m. – 8:00 p.m.***

Health-care and human resources professionals, as well as business leaders, wellness professionals, members of the community, and prospective students are invited to attend.

**WHAT: Top Career Trends in the Wellness Revolution:
What You Need to Know**

Join Tai Sophia Co-founder ***Bob Duggan*** for an ***insider’s look at the hallmarks of a sustainable wellness system.***

An ***expert panel*** of Tai Sophia faculty, alumni, and students will discuss ***two of the hottest arenas in the emerging wellness workforce:*** health/wellness coaching and herbal medicine. Learn how you can quickly gain these in-demand competencies and powerfully impact your job, your career, your practice, or your company with a graduate certificate from Tai Sophia. View more event details [here](#).

**WHEN: Wednesday, February 23, 2011
6:00 p.m. - 8:00 p.m.**

**WHERE: 7750 Montpelier Road, Laurel, MD, 20723
(near the intersection of Rte. 29 and Johns Hopkins Road)**

RSVP: Please contact the Office of Graduate Admissions at 410-888-9048, ext. 6647 or admissions@tai.edu if you plan to attend.

(more)



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Tai Sophia to Host Wellness Trends Event

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Tai Sophia is currently enrolling for its April 2011 graduate certificate programs in [Health Coaching](#), [Wellness Coaching](#), [Herbal Studies](#), and [Medical Herbalism](#). These 9- and 11-month master's level academic credit and CEU-approved/nursing contact hours-pending programs are offered in an executive weekend format to accommodate working professionals.

ABOUT TAI SOPHIA INSTITUTE

Tai Sophia Institute is a nonprofit, academic institution for wellness-based studies. The Institute is accredited by the Middle States Commission on Higher Education and offers graduate-level academic programs in Acupuncture, Health and Wellness Coaching, Herbal Medicine, Nutrition and Integrative Health*, and Transformative Leadership and Social Change, as well as community wellness programs, continuing professional education, and clinical care. Tai Sophia's 12-acre main campus houses the Natural Care Center, the Meeting Point bookstore, a library, the Himmelfarb Art Gallery, and herb and meditation gardens – all of which are open to the public.

*pending Maryland Higher Education Commission (MHEC) approval.

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