



**Tai Sophia
Institute**

For Immediate Release
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FREE WEBCAST of TAI SOPHIA INSTITUTE'S LIVE NOURISHED NUTRITION CONFERENCE NOW AVAILABLE

Features Five Top Nutrition Thought Leaders

March 31, 2011 (Laurel, MD) – Tai Sophia Institute, a leading, accredited graduate school for wellness-based studies, is offering a free webcast of the Institute's *Live Nourished* Nutrition Conference. The free webcast will be available through June 30, 2011.

WHAT: Free Webcast of the [Live Nourished Nutrition Conference](#)

The webcast includes the complete conference proceedings, including presentations from Annemarie Colbin, Ph.D., Charles Eisenstein, Sally Fallon Morell, Paul Pitchford, and Kathie Swift, M.S., RD, LDN, and the concluding panel discussion.

The conference, held in November, kicked off the curriculum design process for Tai Sophia's new [Master of Science in Nutrition and Integrative Health](#) which is currently under review by the Maryland Higher Education Commission and now enrolling for the September 2011 inaugural class. Like the conference, this integrative and holistic nutrition program focuses on the vital and inter-related physical, medicinal, psychological, socio-cultural, and spiritual roles food plays in our lives.

WHEN: Available now through June 30, 2011.

HOW: To register to view the free webcast, please visit the Tai Sophia Institute home page at www.tai.edu.

About Tai Sophia Institute

Tai Sophia Institute is a nonprofit, academic institution for wellness-based studies. The Institute is accredited by the Middle States Commission on Higher Education and offers graduate-level academic programs in Acupuncture, Health Coaching and Wellness Coaching, Herbal Medicine, Nutrition and Integrative Health*, and Transformative Leadership and Social Change, as well as community wellness programs, continuing professional education, and clinical care. Tai Sophia's 12-acre main campus houses the Natural Care Center, the Meeting Point bookstore, a library, the Himmelfarb Art Gallery, and herb and meditation gardens – all of which are open to the public.

**pending Maryland Higher Education Commission (MHEC) approval.*

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