



**Tai Sophia
Institute**

For Immediate Release
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Tai Sophia Institute Will Honor Record Number of Graduates at 2011 Commencement Ceremony

Charles Eisenstein to Deliver Commencement Address to Graduates of Nine Programs

LAUREL, MD (June 2, 2011) – Tai Sophia Institute, an accredited graduate school for health and wellness studies, will celebrate the accomplishments of an estimated 233 graduates from the 2010-2011 academic year at its annual commencement ceremony at the **Jim Rouse Theatre for the Performing Arts** in **Columbia, MD**, on **Monday, June 6 at 7:00 p.m.**

“As a greater number of people and organizations seek an integrative approach to health and wellness and as individuals increasingly seek to work and live to their fullest potential, the demand for Tai Sophia’s programs and graduates will continue to grow,” said Tai Sophia Provost and Executive Vice President for Academic Affairs Judith K. Broida, Ph.D. “Our graduates are influencing the field of health care through our approaches to healing and are redefining health and wellness in business, community service, and policy making.”

In 2010, the Institute introduced five new graduate certificates (Health Coaching, Wellness Coaching, Herbal Studies, Medical Herbalism, and Transformative Leadership) and the enhanced Master of Arts in Transformative Leadership and Social Change (formerly Master of Arts in Applied Healing Arts). Tai Sophia, which is accredited by the Middle States Commission on Higher Education, is launching new programs in 2011 as well, starting with the Master of Science in Nutrition and Integrative Health in September.

The evening will honor an estimated 233 graduates of nine academic programs as follows:

- 65 - Master of Acupuncture
- 25 - Master of Arts in Transformative Leadership and Social Change or in Applied Healing Arts
- 15 - Master of Science in Herbal Medicine
- 24 - Graduate Certificate in Health Coaching or in Wellness Coaching
- 16 - Graduate Certificate in Herbal Studies or in Medical Herbalism
- 69 - Graduate Certificate in Transformative Leadership
- 19 - Graduate Certificate in Chinese Herbs

(more)

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Teacher, author, and speaker **Charles Eisenstein** will deliver the commencement address, “The Healer in an Age of Transition.” Eisenstein, who serves on the faculty of Goddard College’s Health Arts and Sciences program, is author of *The Yoga of Eating*, *The Ascent of Humanity*, and the upcoming *Sacred Economics*.

“Tai Sophia’s work is part of a vast shift in our civilization’s defining paradigms,” said Eisenstein. “It is more than the addition of new healing modalities, more even than an evolution in our conception of health. What is changing today is the experience of being human, our basic relationship to the universe, to ourselves, and to each other.”

“Our old ways of making sense of the world no longer make sense, and the tools based on these ways – tools of reason, of technology, of separation and control – are becoming less and less effective,” explained Eisenstein. “Tai Sophia is grounded in a new and very ancient way of being human, and its graduates are helping to create a world aligned with it.”

For nearly four decades, Tai Sophia has educated and informed leaders about health, wellness, and sustainable living through transformative and relationship-centered programs infused with a philosophy that integrates the timeless teachings of nature and global healing and wisdom traditions with contemporary best practices and cutting-edge science.

Prospective new students may learn more about Tai Sophia Institute online, or by calling the Office of Graduate Admissions at 410-888-9048, ext. 6647, or by attending an Open House on Saturday, June 18, or Saturday, July 30.

[ABOUT TAI SOPHIA INSTITUTE](#)

Founded in 1974, Tai Sophia Institute is a nonprofit, accredited educational institution for health and wellness studies. The Institute is accredited by the Middle States Commission on Higher Education. Tai

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Sophia offers [master's degree programs](#) in Acupuncture, Herbal Medicine, and Nutrition and Integrative Health, and Transformative Leadership and Social Change; [graduate certificate programs](#) in Health Coaching, Herbal Studies, Medical Herbalism, Transformative Leadership, Wellness Coaching, and Chinese Herbs; and [individual graduate courses](#); as well as community wellness programs, continuing professional education, and [clinical services](#). Tai Sophia's 12-acre main campus houses the Natural Care Center clinic, the Meeting Point bookstore and cafe, the Sherman L. Cohn Library, the Himmelfarb Art Gallery, and herb and meditation gardens – all of which are open to the public.

(NOTE TO REPORTERS & EDITORS: Limited seats at the ceremony are available to credentialed journalists; please contact Kimberly Bronow at 410-888-9048 ext. 6696. Professional photographs will be available by request the day after the ceremony.)

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