



**Tai Sophia  
Institute**

**For Immediate Release**

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## **Tai Sophia Offers New Master of Science in Therapeutic Herbalism, the only U.S.- Based Graduate Program in the Field**

**November 21, 2011 (Laurel, MD)** – Tai Sophia Institute ([www.tai.edu](http://www.tai.edu)), an accredited, academic institution for health and wellness education, announces that the Maryland Higher Education Commission has endorsed its new **Master of Science in Therapeutic Herbalism**, and is now accepting students for its first class in January 2012.

Combining practical skills, relevant for today's herbal environment, with foundational theory, the program covers topics such as principles of health and wellness, herb identification and harvesting, herbal pharmacology, integrative human physiology, and herbal therapeutics.

The curriculum integrates modern scientific knowledge with traditional wisdom to teach understanding of the therapeutic potential of medicinal plants. It's offered in a weekend format, perfect for busy professionals, and provides flexible course options for students to explore based on their desired career path, including an option for advanced clinical training.

"Students are empowered with the knowledge and skills they need to pursue careers as effective researchers, writers, educators, and consultants," says James Snow, RH, program director. "Our graduates will be leaders in an exciting and evolving field, prepared for work in industry and academics, and eligible for advanced training in clinical herbal medicine."

Highlights of the **Master of Science in Therapeutic Herbalism** program include:

- 19-month, 36-credit program delivered in a weekend and intensive format for working professionals.
- Hands-on learning, including a 5-day trip to a nationally renowned plant sanctuary in Ohio.
- Opportunities to learn about medicinal plants in one of America's most extensive western herbal medicine gardens, the James A. Duke, Ph.D, "Green Pharmacy" Garden near the Tai Sophia campus.
- Renowned faculty in the field of herbalism including **Simon Mills, M.A., FNIMH, MCPP**, an innovator in medical herbalism since 1977 and founder of Tai Sophia's Master of Science in Herbal Medicine. Simon co-founded the Centre for Complementary Health Studies at the University of Exeter in England, and pioneered



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the establishment of clear professional and academic standards in the practice. Another leader in the field is **Andrew Pengelly, Ph.D., RH (AHG), FNHAA**, who is director of Tai Sophia's herbal dispensary and was the principal investigator of a recent Tai Sophia clinical trial on the medicinal activity of rosemary.

- Preparation for Tai Sophia's Post-Master's Certificate in Clinical Herbalism, launching in 2013 designed to prepare graduates for clinical practice.

**For more information** or to schedule a campus tour, prospective students can contact the Office of Graduate Admissions at 410-888-9048, ext. 6647, visit <http://www.tai.edu/GradHerbalMedicine.aspx> or write [admissions@tai.edu](mailto:admissions@tai.edu).

**ABOUT TAI SOPHIA INSTITUTE**

Founded in 1974, Tai Sophia Institute (<http://www.tai.edu>), is a private, nonprofit, academic institution for health and wellness education. Accredited by the Middle States Commission on Higher Education, the Institute offers graduate certificate and degree programs in a wide range of health and wellness topics, as well as individual academic courses, community workshops and continuing professional education programs. The Institute's 12-acre main campus in Laurel, Maryland, also houses a clinic, a bookstore, a library, and herb and meditation gardens, all of which are open to the public.

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