



For Immediate Release
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Tai Sophia Institute Elects Three New Trustees

Includes Dr. Brian Berman of the University of Maryland School of Medicine

January 31, 2012 (Laurel, MD) – Tai Sophia Institute (www.tai.edu), announced that three new members were elected to the Institute’s Board of Trustees. The new members are: **Brian M. Berman, M.D.**, tenured Professor of Family and Community Medicine, Director of the University of Maryland School of Medicine Center for Integrative Medicine, and President and Founder of the Institute of Integrative Health; **John A. Palmucci**, Vice President for Finance and Treasurer, Emeritus, at Loyola University Maryland; and **T. James (Jim) Truby**, Founder of Synthesis Incorporated. Tai Sophia Institute is a nonprofit, accredited graduate school offering academic programs in health and wellness.

“Each of the three newly elected trustees brings enormous personal and professional value to Tai Sophia Institute as we continue to pursue university status and fulfill our goal of being among the most respected academic institutions in health and wellness education,” said Frank Vitale, President and CEO of Tai Sophia Institute. “We are privileged to have three individuals with such diverse backgrounds who are so well respected in their fields. Dr. Berman is an internationally recognized proponent of integrative health care and supports Tai Sophia Institute’s approach to improving individual health through self-care and changes in human behavior. Mr. Palmucci brings 40 years of experience in higher education in both academic and administrative roles. Mr. Truby offers significant experience as an architect who managed the first LEED platinum-certified project in the country, and brings a strong commitment to the community, particularly in Howard County.”

Sherman Cohn, Tai Sophia Institute Board of Trustees Chairman and professor of Law at Georgetown University, stated, “Having experienced, strong, and supportive Trustees committed to the mission of Tai Sophia Institute is of utmost importance to our Board. We have much work in front of us as we continue to build Tai Sophia Institute into an outstanding, internationally-recognized institution of higher learning. Brian Berman, John Palmucci, and Jim Truby bring to us tremendous experience and great wisdom to help us build on the foundation laid down over the past three decades toward even greater success in the future.”



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Tai Sophia Institute Offers New Master of Oriental Medicine

New Board Members:

- **Brian Berman, M.D.**, is a tenured Professor of Family and Community Medicine, Director of the University of Maryland School of Medicine Center for Integrative Medicine, and President and Founder of the Institute of Integrative Health. Trained in family medicine and pain management, as well as complementary medical approaches such as traditional Chinese medicine and homeopathy, Dr. Berman has dedicated his career to evaluating the efficacy, safety, and cost-effectiveness of complementary and integrative medicine. He founded the first U.S. academic medical center-based program for integrative medicine in 1991.
- **John Palmucci** served as Vice President for Finance and Treasurer at Loyola University Maryland from 1994 to 2010. In his role, he served as the College's Chief Financial Officer and Corporate Treasurer, reporting to the President. John was a member of the executive management team at Loyola, providing leadership and direction for a major operating division, enabling fulfillment of the institution's mission and goals through sound fiscal management, prudent stewardship of resources, and student-centered delivery of services.
- **Jim Truby** is founder of Synthesis Incorporated, one of the most respected firms in the Washington-Baltimore region, and represents building owners in the public and private sectors as manager of the planning, design, and construction of their institutional, commercial, office, warehouse, industrial, and specialty residential buildings. Synthesis manages projects being certified under the LEED program, including the Chesapeake Bay Foundation's Phillip Merrill Environmental Center, the first building in the U.S. to receive LEED platinum-certification. Mr. Truby serves on the Board of Trustees of the Horizon Foundation and recently served on the Board of Trustees of Howard Community College. Flexible, full-time format, consisting of ten trimesters over 40 months

ABOUT TAI SOPHIA INSTITUTE

Founded in 1974, Tai Sophia Institute (<http://www.tai.edu>), is a private, nonprofit, academic institution for health and wellness education. Accredited by the Middle States Commission on Higher Education, the Institute offers graduate certificate and degree programs in a wide range of health and wellness topics, as well as individual academic courses, community workshops, and continuing professional education



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programs. The Institute's 12-acre main campus in Laurel, Maryland, also houses a clinic, a bookstore, a library, and herb and meditation gardens, all of which are open to the public.

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