

FOR IMMEDIATE RELEASE

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**Healing the Soul: Paintings by Afsaneh B. Faridi
Opens June 7 at Himmelfarb Gallery, Maryland University of Integrative Health**

LAUREL, MD. – “**Healing the Soul**,” an exhibit of paintings by Hunt Valley artist Afsaneh Faridi, opens Friday, June 7, in the Himmelfarb Gallery at Maryland University of Integrative Health. An artist reception, which is free and open to the public, is scheduled for Thursday, June 20, from 5:00 p.m. – 7:30 p.m.

The exhibit will showcase 17 of Faridi’s oil paintings reproduced on canvas (giclee).

According to Faridi, “I am inspired by the healing power of art. I exhibit on canvas the messages of peace, love, happiness, friendship, freedom, calmness and strength that are derived from nature. Each painting is accompanied by an inspirational title.”

Artwork from the exhibit will be on sale through the Meeting point bookstore, which is adjacent to the gallery. [Visit the Himmelfarb Gallery online.](#)

What: “**Healing the Soul**” Paintings by Afsaneh Faridi

When: June 7 – September 7, 2013

Where: Himmelfarb Gallery, Maryland University of Integrative Health
7750 Montpelier Rd., Laurel, MD 20723

Artist Reception: Thursday, June 20, 5:00 p.m – 7:30 p.m.

Gallery Hours: Monday – Thursday: 8:00 a.m. – 7:00 p.m.; Friday: 8:00 a.m. – 5:00 p.m.; Saturday: 8:00 a.m. – 4:00 p.m.

About Afsaneh Faridi

Afsaneh means story in Persian. She uses her art to communicate the messages of peace, love, happiness, and freedom. She sees the positive energy of nature as a means to get inner peace that is needed to be in harmony with the world. She uses mediums of oil, watercolor, and digital arts. All of her arts are accompanied by an inspirational quote by her. She graduated Cum Laude from Washington State University with Bachelor of Fine Arts, B.A. in 1981, and Master of Arts in Clothing & Textiles, M.A. in 1983. She has received a Certificate of Digital Illustration with Honors from the Community College of Baltimore County, Maryland in 2011. She is a member of Phi Theta Kappa Honor Society.

About Maryland University of Integrative Health (formerly Tai Sophia Institute)

Maryland University of Integrative Health (MUIH) educates and trains practitioners and leaders in health and wellness through transformative and relationship-centered programs that integrate ancient wisdom and contemporary science. MUIH offers graduate degrees and certificates in a wide range of wellness fields, as

well as programs for professional and personal development. The on-campus Natural Care Center offers compassionate and affordable healthcare from student interns and professional practitioners, delivering more than 35,000 clinical treatments a year.

About the Himmelfarb Gallery

The lobby of MUIH's main campus building serves as the gallery space and features four exhibits each year that focus on some aspect of healing, wellness or nature. Since opening in April 2003, the gallery has displayed paintings, drawings, prints, photographs, fabrics and artist-made paper.

For more information, please visit www.muih.edu.

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