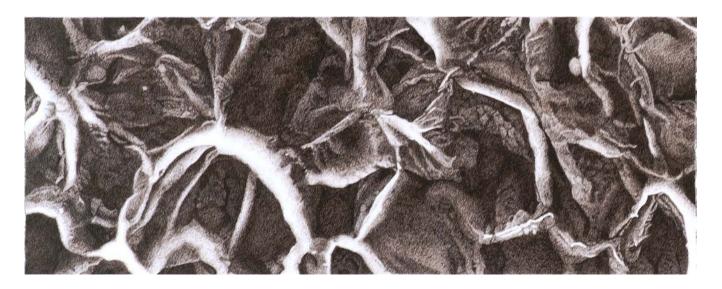
#### FOR IMMEDIATE RELEASE

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# "Raw to Processed" Drawings by Karen Gustafson

Opens June 16 at Himmelfarb Gallery, Maryland University of Integrative Health

*LAUREL*, *MD* – "Raw to Processed" features drawings by Minnesota artist Karen Gustafson and opens Thursday, June 16, in the Himmelfarb Gallery at Maryland University of Integrative Health (MUIH). A reception for the artist will be held on June 16 from 5:00 – 7:00 pm.

The Raw to Processed series of drawings considers food and its relationship to our health. Historically, plants and food were used to treat illnesses, as illustrated in ancient herbals. Much of the recent dialogue on food centers on the Standard American Diet, processed food, and its increasing correlation to developing disease in the human body.

The drawings in this series examine the structure of food with the aid of a scanning electron microscope. Each diptych investigates the relationship between the elements of raw food, in the left panel, to its processed counterpart, in the right panel. The drawings are realized by intensely layering ink on heavy weight watercolor paper to render the topographical features of these microscopic yet visually expansive landscapes. The work explores the nature of exactly what our food has become.

Himmelfarb Gallery sees this artistic series as a rich connection to MUIH's Nutrition and Herbal curriculums. We hope the artworks will provide students, faculty, staff, and visitors an opportunity to engage in conversation centered on the topic of food and its correlation to human health.

Artwork from the exhibit will be on sale through the Meeting Point bookstore, which is adjacent to the gallery. Visit the Himmelfarb Gallery online at <a href="http://www.muih.edu/campus-community/about-campus/himmelfarb-gallery">http://www.muih.edu/campus-community/about-campus/himmelfarb-gallery</a>.

What: "Raw to Processed," Drawings by Karen Gustafson

**When:** June 16 – September 10, 2016

Where: Himmelfarb Gallery, Maryland University of Integrative Health

7750 Montpelier Rd., Laurel, MD 20723

**Gallery Hours:** Monday – Friday: 8 a.m. – 7 p.m.; Saturday and Sunday: 8 a.m. – 4 p.m.

#### **About Karen Gustafson**

Ms. Gustafson is a Minnesota artist and art faculty at Normandale Community College in Bloomington, MN. She holds a BFA from University of Minnesota and an MFA from University of Massachusetts. Engaged with the intersection of art and science, her drawings focus on underlying structures and patterns to research, reveal, and inform. She has exhibited extensively throughout the Midwest. Karen is a 2014 recipient of the Metropolitan Regional Arts Council (MRAC) Next Step Grant funded by The McKnight Foundation, and a 2012 recipient of an Artist Initiative grant from the Minnesota State Arts Board. You can also see Gustafson's work at <u>karengustafsonstudios.com</u>

## **About Maryland University of Integrative Health**

Maryland University of Integrative Health (MUIH) educates practitioners and leaders in health and wellness through transformative and relationship-centered programs that integrate ancient wisdom and contemporary science. MUIH offers graduate degrees and certificates in a wide range of wellness fields, as well as programs for professional and personal development. The on-campus Natural Care Center offers compassionate and affordable healthcare from student interns and professional practitioners, delivering more than 35,000 clinical treatments a year.

## **About the Himmelfarb Gallery**

The lobby of MUIH's main campus building serves as the gallery space and features four exhibits each year that focus on some aspect of healing, wellness, or nature. Since opening in April 2003, the gallery has displayed paintings, drawings, prints, photographs, fabrics, and artist-made paper. For more information, please visit <a href="https://www.muih.edu">www.muih.edu</a>.

High-resolution images are available upon request.