

Take care of your Spirit, Mind & Body

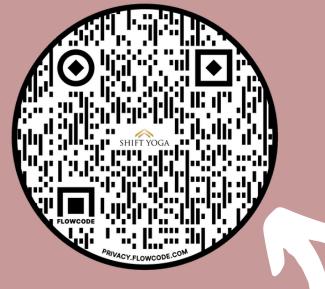
A special treat for MUIH

SHIFT YOGA is delighted to create special discounted pricing for MUIH to help make yoga classes more affordable for all.





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