

Maryland University
of Integrative Health

Maryland University of Integrative Health

Alumni Association
NEWSLETTER

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Maryland University of Integrative Health
7750 Montpelier Road
Laurel, MD 20723

muih.edu

muih.edu/campus/alumni-affairs/

MUIH ALUMNI SPOTLIGHT



Success Story

Amanda Breon, MS, CHES

Master of Science in Health Promotion

Amanda is a Certified Health Education Specialist with a passion for helping others achieve their optimum health and wellbeing. As a graduate of Maryland University of Integrative Health, she holds an MS in Health Promotion/Health Education with a concentration in workplace wellness. In 2019, she joined John Hopkins University as a Wellness Program Coordinator. In addition to this work, she is an adjunct professor at Towson University and teaches Health and Wellness for a Diverse Society. She also has an extensive background instructing Pilates and dance to a wide variety of ages and fitness levels, experience in studio management, research, and establishing long-term client relationships.

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In Celebration of Black History Month: African Americans in Medical History

Freedom and Liberty are not synonyms. Freedom is an essence; Liberty, an accident.

-James McCune Smith

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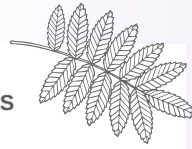
Become an active part of our ever-expanding community of esteemed alumni association. Members will have access to perks and discounts, events, communities, and more!

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Submit a MUIH Alumni Newsletter Submission Request

[HERE](#)



EARLY 1700'S

Onesimus

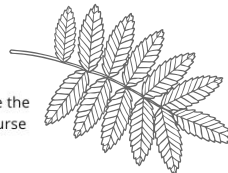
During the smallpox epidemic in the early 1700's, an African slave in Boston, Massachusetts, Onesimus, introduced the concept of inoculation to his enslaver, Puritan Minister Cotton Mather. The minister used his status to advocate for inoculation of the population. After local success, the ideas of inoculation spread to other colonies, saving countless lives.



1879

Mary Eliza Mahoney

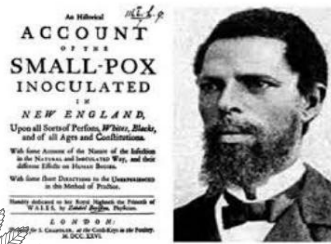
In 1879, Mary Eliza Mahoney, became the first African American professional nurse in the United States.



1970'S

The National Acupuncture Detoxification Association (NADA)

The National Acupuncture Detoxification Association (NADA) developed in the 1970s after the Black Panthers and the Young Lords took over the Lincoln Hospital in the Bronx and established the Lincoln Health Center. The center offered acupuncture, education, and other social services to the underserved in the Bronx. Here the 5 point ear acupuncture protocol to treat addiction and support recovery was developed and paved the way for NADA.



1837

Dr. James McCune Smith

Dr. James McCune Smith was the first African American to earn a medical degree. However, he was not admitted to a US school. He graduated from the University of Glasgow in 1837..



1913-1914

Dr. Fred Rubel

Dr. Fred Rubel is the first known black chiropractor. He graduated from National College of Chiropractic in 1913 and he opened the Rubel College of Chiropractic in 1914 in Alabama to diversify the healthcare system and allow people of all ethnicities, races, and backgrounds to enroll.



1987

Rosa Parks

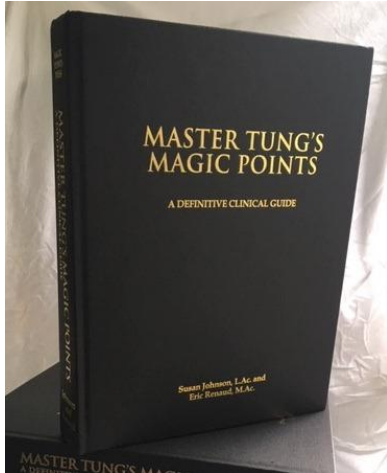
Rosa Parks was not only a civil rights activist. She was an advocate for mental and public health, championing "quiet strength" through her yoga practice and teachings. She began practicing yoga in her senior years and became a yoga practitioner. In 1987, she co-founded the Rosa and Raymond Parks Institute for Self Development 1987 which also included yoga as part of its programming.

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FEATURED ALUMNUS PUBLICATION



Susan Johnson, L.Ac., in collaboration with MUIH alumnus Eric Renaud, M.Ac. (September 1997A), has recently published **Master Tung's Magic Points, A Definitive Clinical Guide**. This extensive work examines Master Tung's unique, and increasingly popular, family system of acupuncture. Susan Johnson was Dr. Miriam Lee's apprentice and protege, both were pioneers and instrumental to the legalization of the practice of Chinese medicine in our country. Please see www.tungspoints.com for further information.

“What you habitually think largely determines what you will ultimately become.”

-Bruce Lee

NEW NATURAL CARE CENTER PARTNERSHIP



Maryland University of Integrative Health's Natural Care Center introduces a new collaboration with the Claudia Mayer/Tina Broccolino Cancer Resource Center at Howard County General Hospital.

The expanded range of therapies will support members in the local community, including cancer patients.

“One of the most beneficial aspects of the Natural Care Center is its deep connection to the Howard County community,” said Dr. Michelle McNear, Ph.D., director of the Natural Care Center. “We're excited to bring our integrative health services to those in need of ways to manage chronic pain and other chronic conditions such as cancer treatment.”

Services available in the center at Howard County General Hospital include:

- Acupuncture
- Clinical nutrition
- Massage therapy

For more than 40 years, the [Natural Care Center](#) at Maryland University of Integrative Health has provided powerful, meaningful, and effective healing experiences for patients and clients that arrive with a wide array of health challenges.

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HIMMELFARB GALLERY



MUIH 2020 Community Exhibition Exhibition: January 27 - April 24, 2020

The Himmelfarb Gallery presents an exhibition of artwork made by Maryland University of Integrative Health alumni, faculty, staff, and student artists. This annual exhibition richly displays the artistic accomplishments and showcases the exceptional talent and vibrant creativity of our generous community. The Gallery is open for viewing during MUIH hours.

Artists:

- Barbara Abrams**- Alumna, Faculty, and Student
- Anya Blakeley** - Staff
- Selwyn T. David** - Staff
- Tamara Gondre** - Faculty
- Esther Kennedy** - Staff
- Juan Robles** - Staff



MUIH NEWS & EVENTS

[1st Annual MUIH Virtual Career Fair!](#)

March 19, 2020
7pm – 10pm est
Online

[Maryland University of Integrative Health 5th Annual Research Symposium](#)

April 3, 2020
Maryland University of Integrative Health
7750 Montpelier Road
Laurel, MD 20723

From Burnout to Resilience: Science-backed Tools for Thriving the Face of Stress
Beth Romanski, MUIH Director of Professional and Continuing Education, recently interviewed **Laurie Ellington** (Adjunct Professor, Health & Wellness Coaching and Professional and Continuing Education) on her [podcast, Wellness Warriors Radio](#). You can list to the podcast here. The topic is on burnout, stress, and resilience. Enjoy!



MUIH is proud to offer this exclusive partnership with DaoCloud to all MUIH Alumni.

[DaoCloud](#), the largest network of vetted wellness practitioners, and MUIH have joined together to amplify our combined missions.

[Click here](#) to learn more and create an exclusive complimentary practitioner profile to utilize this client building software.



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INTEGRATIVE HEALTH NEWS & EVENTS

[TCM specialists on battlefield to fight novel coronavirus](#)

The Academic Consortium for Integrative
Medicine & Health

[2020 International Congress on Integrative Medicine and Health](#)

April 28 - May 1, 2020
Cleveland, Ohio

[Ayurveda and Spirituality Conference](#)

April 24-26, 2020
Boone, NC

[10th Annual Integrative Medicine for the Underserved \(IM4US\) Conference](#)

August 27-29, 2020
Milwaukee, Wisconsin
CALL FOR PROPOSALS IS NOW OPEN! Apply
to be a presenter at the 10th Annual
Conference (link above)!

The American Society of Acupuncturists [Annual Conference](#)

May 2-4, 2020
Washington, DC

The International Association of Yoga Therapists [SYSTAR](#)

June 11-14, 2020
Lincolnshire, IL

INTEGRATIVE HEALTH NEWS & EVENTS (cont.)

Academy of Nutrition and Dietetics [Food & Nutrition Conference & Expo](#)

October 17-20, 2020
Indianapolis, IN



WESTERN DISPENSARY



As an MUIH Alum, you can order herbs for yourself from the Western Herbal Dispensary! In addition, if you graduated from the Herbal Clinical program, you can send us your client orders! The MUIH Dispensary uses exceptionally high-quality herbal products. Our herbal suppliers practice fully documented quality control standards, meeting FDA GMP's and providing a certificate of analysis demonstrating the authenticity of the herbs we order. Herbs we purchase are wild crafted or certified organic. You can view a list of our herbs and extracts [here](#).

Email or call us to place your order.
herbs@muih.edu
410-888-9048 x6676



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MUIH PROFESSIONAL AND CONTINUING EDUCATION



We encourage you to explore MUIH's Professional and Continuing Education (PCE) offerings to expand your knowledge, skills and credentials. Stay up-to-date with latest PCE releases and learn more about PCE

Alumni discounts at www.muih.edu/ce

or email ce@muih.edu for more information.

FEATURED PCE OFFERINGS:

- **CoachRetreat: Thriving Coaches, Thriving Clients**
Friday, April 24, 2020 9am - 4:30pm
MUIH Main Campus
[Learn More & Register!](#)
- **AOM PCE Workshop: Pregnancy - the Ten Months of Gestation According to the Classical Medical Texts with Elisabeth Rochat**
SAVE THE DATE
Saturday, June 27, 2020 9am-5:30pm
MUIH Main Campus

SHERMAN COHN LIBRARY AT MUIH



Alumni are welcome to visit Sherman Cohn Library in person where they can use the on-site computers or their personal mobile devices to access the library's electronic resources. Alumni may also apply for a library borrowing account to borrow physical library materials, such as books or DVDs, etc. Alumni may borrow up to 3 items at a time from the regular or sequestered collections. Due to licensing restrictions, off-campus access to subscription electronic resources is limited to currently enrolled students, faculty, and staff.

Sincerely,

Carissa M. Hernandez, MLIS
Head Librarian
Sherman Cohn Library @ MUIH





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CAREER SERVICES

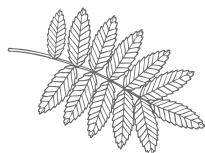
The Career Services Center is pleased to invite you to participate in our [1st Annual Virtual Career Fair!](#)

All MUIH alumni are welcome to join us as job seekers or as employers on Thursday, March 19th from:

- 7pm – 10pm eastern time through Zoom teleconferencing. attending as a job seeker, noregistration is required but please email rbrooks1@muih.edu to receive an updated list of employers and Zoom links.
- If you'd like to participate as an employer interested in recruiting MUIH students/alumni for free, please register by taking the [quick survey](#) at this link or email Rob Brooks directly. Also, email if you have any questions.

“Real self-confidence is not based on our achievements or our successes in this world but it is based on the fulfillment of who we are, what our purpose is, and what we represent to ourselves, to our families, and to the world around us. If a person has such self-confidence, then he can generate faith and confidence in others.”

— Radhanath Swami



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MUIH ALUMNI ASSOCIATION OFFICERS



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Cheron Hunt Garrison, Secretary
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alumnisecretary@muih.edu



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