



Maryland University
of Integrative Health

Maryland University
of Integrative Health

Alumni Association
NEWSLETTER

IN THIS ISSUE



SUCCESS STORY

MUIH BUILDING COMMUNITY ACROSS DISTANCE

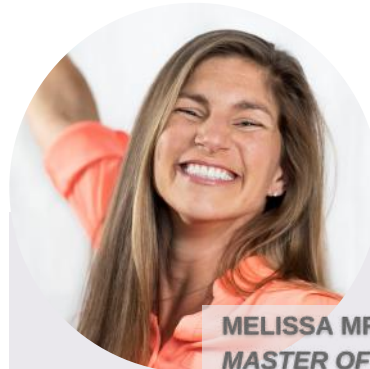
MUIH NEWS & EVENTS

ALUMNI VIRTUAL EVENTS

INTEGRATIVE HEALTH NEWS & EVENTS

AND MORE!

MUIH ALUMNI SUCCESS STORY



MELISSA MROZ
MASTER OF SCIENCE IN YOGA THERAPY

Melissa is an integrative movement therapist specializing in neural health, concussions, and traumatic brain injuries. She is a certified yoga therapist, recreation therapist, personal trainer and reiki practitioner. Melissa earned her Masters of Science in Yoga Therapy at Maryland University of Integrative Health and her Bachelors of Science in Recreational Therapy at Temple University. She serves as a leader in mind-body connection education providing trainings and workshops for healthcare professionals, educators, and coaches. She also works with youth, collegiate and professional athletes to implement neural protective exercises to enhance their mental and physical agility and resilience. Her commitment to working in neural health and promoting the connection between the cognitive mind and the physical body is rooted in her personal suffering of a traumatic brain injury due to a car accident. Her personal practice along with her [professional training](#) has lead her to successfully work with countless individuals suffering from a variety of ailments.

To learn more about Melissa, check out [her website](#).

Maryland University of Integrative Health
7750 Montpelier Road
Laurel, MD 20723

muih.edu
muih.edu/campus/alumni-affairs/



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MUIH BUILDING COMMUNITY ACROSS DISTANCE

[Click here](#) for MUIH's operating status

FREE MUIH VIRTUAL COMMUNITY OFFERINGS

In the spirit of joining together and supporting our community during this time, we're honored to offer the following ways to connect:

[MUIH VIRTUAL COMMUNITY WEB PAGE](#)

Use the above link to access our Virtual Community Resources page, dedicated to delivering you happenings occurring in the virtual space. At MUIH, we not only talk about community, we believe in the power of community and strive to function as a community. With the recent events taking place, we are asking our community members to submit materials, ideas, and suggestions to share with all members of our community. We would like to post the name of the submitter and the relationship to MUIH if you give us permission. Please use the form on the bottom of the page in the link above to submit your offerings.

Questions? Feedback?

Contact Michelle Coleman at studentsupport@muih.edu.

MUIH NEWS & EVENTS

MUIH Community Career Roundtable:

Treating Trauma

November 5, 2020

[Virtual Zoom Event](#)

8:00 PM - 9:00 PM EST

[Virtual Fall Career Fair 2020](#)

November 12, 2020

Virtual Zoom Event

7:00 PM - 10:00 PM EST

[Maryland University of Integrative Health's health and wellness coaching program approved by NBHWC](#)

[Maryland University of Integrative Health Appoints New Acupuncture and Oriental Medicine Department Chair](#)

[Maryland University of Integrative Health announces educational partnership with the American Public Health Association](#)

[Maryland University of Integrative Health Provost Receives Extraordinary Service and Leadership Award](#)

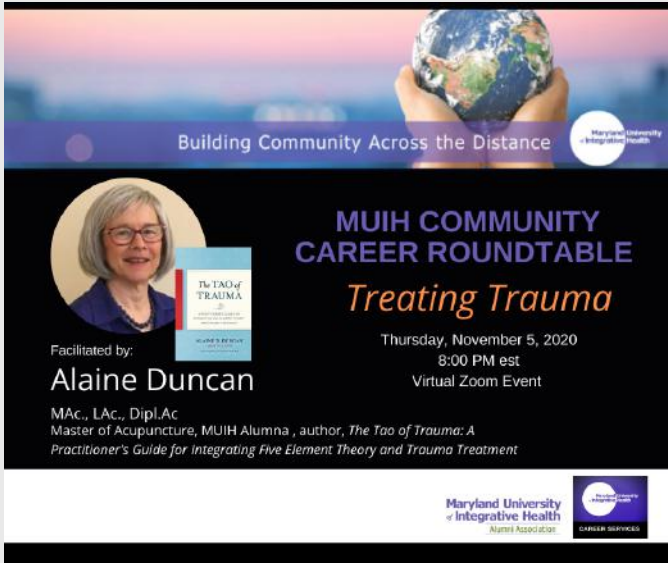
[OTHER MUIH EVENTS](#)

Past October MUIH Community Roundtable Presentations:

[Amplifying Your Platform \(walkthrough of DaoCloud\)](#)

[Starting a Virtual Practice](#)

ALUMNI VIRTUAL EVENTS



Building Community Across the Distance

MUIH COMMUNITY CAREER ROUNDTABLE
Treating Trauma

Facilitated by:
Alaine Duncan
M.A.C., L.A.C., Dipl.Ac
Master of Acupuncture, MUIH Alumna, author, *The Tao of Trauma: A Practitioner's Guide for Integrating Five Element Theory and Trauma Treatment*

Thursday, November 5, 2020
8:00 PM est
Virtual Zoom Event

Maryland University of Integrative Health Alumni Association CAREER SERVICES

MUIH Community Career Roundtable
November 5, 2020
Virtual Zoom Event
8:00 PM - 9:00 PM EST

[RSVP and learn more here.](#)

Virtual Fall Career Fair 2020
November 12, 2020
Virtual Zoom Event
7:00 PM - 10:00 PM EST

To learn more, [click here.](#)



Maryland University of Integrative Health

Virtual Career Fair
NOVEMBER 12, 2020 | CALL FOR EMPLOYERS

The MUIH Student Journal Club and Research Group meet on alternating third Wednesdays from 12:00pm – 1:00pm est on the dates below.

October 10/21/20	Research Group
November 11/18/20	Journal Group
December 12/16/20	Research Group
January 01/20/21	Journal Group
February 02/17/21	Research Group
March 03/17/21	Journal Group
April 04/21/21	Research Group
May 05/19/21	Journal Group
June 06/16/21	Research Group
July 07/21/21	Journal Group

MUIH JOURNAL CLUB & RESEARCH GROUP

MUIH Journal Club & Research Group [Virtual Zoom Event](#)

Look out for the Journal Club email containing the article to read prior to the event.

For more information [click here](#) or email research@muih.edu



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INTEGRATIVE HEALTH NEWS & EVENTS

[Hit With An Unexpectedly High Medical Bill, Here's How A Savvy Patient Fought Back](#)

[Groundbreaking New Study Shows Yoga And Meditation Benefit Physical And Mental Health](#)

[Gaia Herbs announces partnership with Floradix brand](#)

[WHO Sets Rules for Testing of African Herbal Medicines in Fight Against COVID-19](#)

[Researchers receive \\$2+ million grant to study acupuncture in emergency departments](#)

[4 things on the new nutrition label that can help transform your health](#)

[Anxiety Summit](#)

November 2-8, 2020
Virtual Conference

[MAS Live Webinar – Face Reading for Telehealth – with Lillian Pearl Bridges – 2 PDA](#)

November 7, 2020
Virtual Conference

[International Coach Federation: MD 10 Year Anniversary Virtual Celebration](#)

November 18, 2020
Virtual Conference

[Personalized Nutrition 2020](#)

November 12-13, 2020
Virtual Conference

[2nd World Congress on Complementary and Alternative Medicine](#)

February 5-6, 2021
Paris, France

NATURAL CARE CENTER

Offering Telehealth Services

For more than 40 years, the [Natural Care Center](#) at Maryland University of Integrative Health has provided powerful, meaningful, and effective healing experiences for patients and clients that arrive with a wide array of health challenges.

WESTERN HERBAL DISPENSARY

NOW OPEN!



As an MUIH Alum, you can order herbs for yourself from the Western Herbal Dispensary! In addition, if you graduated from the Herbal Clinical program, you can send us your client orders! The MUIH Dispensary uses exceptionally high-quality herbal products. Our herbal suppliers practice fully documented quality control standards, meeting FDA GMP's and providing a certificate of analysis demonstrating the authenticity of the herbs we order. Herbs we purchase are wild crafted or certified organic. You can view a list of our herbs and extracts and order [here](#).

Email or call us with questions.

herbs@muih.edu
410-888-9048 x6676



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MUIH PROFESSIONAL AND CONTINUING EDUCATION

Maryland University
of Integrative Health

PCE
Professional and
Continuing Education

Professional and Continuing Education (PCE) Highlights:

- Professional and Continuing Education Webinar: Optimizing the Microbiome for Immune Health**
 Nov. 17th 12 noon EST
[Learn more and register for FREE](#)
- Mark Your Calendars for Huge Savings!**
 In the spirit of giving the gift of health, MUIH Professional and Continuing Education will be offering a limited time FLASH SALE of 40% off all PCE learning opportunities! 4-Days only 11/27/30-11/30/20 with promo code FLASHSALE2020. Explore current offerings at www.muih.edu/ce.

General Announcements:

We invite you to view the recording of our **Professional and Continuing Education (PCE) Nutrition Practice Q&A webinar** featuring renowned guest speaker **Dr. Liz Lipski, PhD, CNS, FACN, IFMCP, BCHN, LDN**. Watch the presentation [replay!](#)

Beth Romanski, MUIH Director of Professional and Continuing Education, was featured as a guest on the American Institute of Stress podcast. Listen to the conversation about [Stress and Giving Yourself Permission to Slow Down](#).



MUIH is proud to offer this exclusive partnership with DaoCloud to all MUIH Alumni.

DaoCloud, the largest network of vetted wellness practitioners, and MUIH have joined together to amplify our combined missions.

[Click here](#) to learn more and create an exclusive complimentary practitioner profile to utilize this client building software.

[Amplifying Your Platform \(walkthrough of DaoCloud\)](#)

MUIH ALUMNI ASSOCIATION OFFICERS



Cynthia Wilson, President
 Master of Science in
 Nutrition and Integrative Health
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Cheron Hunt Garrison, Secretary
 Master of Arts in
 Health and Wellness Coaching
alumnisecretary@muih.edu





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CAREER SERVICES

The MUIH Career Services Center is pleased to announce the launch of our two new job portals:

- [Our MUIH Community Job Board](#) features career opportunities that employers posted solely for the MUIH students and alumni. Employers and Alumni can also post career opportunities at the link above for free.
- [Our Integrative Health Job Board](#) is for integrative health employers and practitioners worldwide, and we hope it will become a destination for anyone trying to post or find opportunities in the field. This portal will be publicized by our vendor, YM Careers. Employers who post on this site will be charged a fee, and employers posting on the free MUIH Community site will be given a discount if they choose to post on both sites.

We hope you'll find the new portals helpful with your career development and/or recruiting needs. Please let me know if you have any questions or need any assistance.

Please contact me at rbrooks1@muih.edu if you need career assistance or if you are in a position to hire our students/alumni.

Regards,
Rob Brooks
Associate Director of Career Services

SHERMAN COHN LIBRARY AT MUIH

Closed until further notice



Alumni are welcome to visit Sherman Cohn Library in person where they can use the on-site computers or their personal mobile devices to access the library's electronic resources. Alumni may also apply for a library borrowing account to borrow physical library materials, such as books or DVDs, etc. Alumni may borrow up to 3 items at a time from the regular or sequestered collections. Due to licensing restrictions, off-campus access to subscription electronic resources is limited to currently enrolled students, faculty, and staff.

Sincerely,

Carissa M. Hernandez, MLIS
Head Librarian
Sherman Cohn Library @ MUIH

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