



Maryland University
of Integrative Health



Maryland University
of Integrative Health

Alumni Association
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Maryland University of Integrative Health
7750 Montpelier Road
Laurel, MD 20723

muih.edu
muih.edu/campus/alumni-affairs/

MUIH ALUMNI SUCCESS STORY



Rabab Al-Amim
Master of Acupuncture, Post-Baccalaureate Certificate in Chinese Herbs

Rabab is a Licensed Acupuncturist, Chinese Herbalist, Zero Balancer, Sound Healer, Medical Astrologer, and owner of Hunt Valley Acupuncture and Herbal Medicine. In her practice, she specializes in family medicine. She uses Five Element acupuncture, Chinese herbs, Zero Balancing, and sound healing to treat the whole person and address a variety of conditions that range from sports injuries, women's health, tick-borne illnesses, depression, burnout, fatigue, PTSD, infertility, to general wellness to support the immune system and maintain health. She established Hummingbird Potions, her herbal line of medicinal salves, lineaments, and tinctures in 2011.

She received her bachelor's degree in English Literature from Mustansiriyah University in Baghdad, Iraq, her certification in Cardiac Sonography from Johns Hopkins Bay View Medical Center in Baltimore, Maryland. She helped establish the Echocardiography Department at the Ultrasound School at John Hopkins Hospital. She also served as Vice President of Public Affairs for the Maryland Acupuncture Society and previously served as faculty at the Maryland University of Integrative Health.

To learn more about Rabab, check out her website [here](#).

IN RECOGNITION OF WOMEN'S HISTORY MONTH: WOMEN HEALERS IN HISTORY



1045 -266 BCE

Wu (female shamans) dominated the practice of medicine in ancient China, Japan, and Korea.

Approx 620 CE
Rufaida Al-Aslamia

was the first known nurse and field surgeon in what is now Saudi Arabia. She is thought to have been the Islamic Prophet Muhammad's preferred medical expert and ordered casualties to her medical tent. She also worked as a social worker to prevent disease in the community.



1865-1915 CE

Dr. Susan La Flesche Picotte

was the first American Indian woman to receive a medical degree in the United States. After witnessing a sick Indian woman die because the local white doctor denied medical care, she was inspired to apply to the Woman's Medical College of Pennsylvania so she could serve her community.



1920s CE

Dr. Margaret Chung

was the first Chinese American woman to become a physician. As a Christian, she applied to be a medical missionary after graduating from the University of Southern California but was rejected because of her race. She became a medical resident in the Chicago area and later returned to California to practice. Her private practice became popular with the Hollywood elite. After volunteering to serve as a front-line surgeon during the Sino- Japanese War. She later used her influence to lobby for the creation of WAVES (Women Accepted for Volunteer Emergency Service). However, her own application to join WAVES was rejected due to her race and sexuality.



Wu: <http://www.suppressedhistories.net/articles2/WuFSAC.pdf>

Rufaida Al-Aslamia: <https://saudigazette.com.sa/article/175811>

Dr. Susan La Flesche Picotte: https://cfmedicine.nlm.nih.gov/physicians/biography_253.html

Dr. Margaret Chung: <https://www.nps.gov/people/dr-margaret-mom-chung.htm>

In Memoriam



Arthur William Lazarowitz
Former MUIH Adjunct Faculty
July-29, 1933- March 1, 2021

Arthur (Art) William Lazarowitz passed away in his home in Columbia, Maryland on Monday, March 1st, 2021 at the age of 87 years. Arthur is predeceased by his mother and father, Lena and Leo Lazarowitz, many cousins and his beloved fiancée, Denise (Teddy) Rogers, his soulmate.

Arthur is survived by his two daughters, Esther R. Lazarowitz and Evelyn H. Adams, along with his ex-wife, Sonja M. Lazarowitz. He is also survived by his two sisters, Lucy Biem (Howie) and Linda Lazarowitz, and brother, Harvey A. Lazar, along with two nieces, Julie and Jean.

Arthur was born in New York City on July 29th, 1933. After high school, he served four years in the U.S. Navy as a Sonarman during the Korean War. He then went on to earn a Teaching degree from Albany State University and taught History and Political Science until he decided to pursue and earned a Law degree from Buffalo State University. After moving to Washington, D.C. and briefly working for the I.R.S, he found his dream job with the Department of the Interior U.S. Fish and Wildlife Service. After he retired from the government, he was inspired by his love, Teddy Rogers, to pursue further education in the field of acupuncture and found that helping people heal physically and spiritually was his calling. He spent many years traveling to Hawaii to further his own spiritual growth and healing abilities.

Arthur was an avid tennis player, swimmer, N.Y. sports fan and enjoyed long walks in nature. For his love of community, he was a prominent patron of David's Natural Market in Columbia, Maryland where he communed with friends and acquaintances, sharing his time and offering healings to all those in need.

His greatest wish was for unity and world peace.

In Memoriam

Dr. Nora Misiolek
MUIH Adjunct Faculty
Passed February 26, 2021



It is with great sadness that I inform you of the passing of Dr. Nora Misiolek on Friday, February 26th, after a long illness. Nora was a valued member of our community since 2016. She began as a Mentor Coach in the Health and Wellness Coaching Department, and 2 years ago added the role of Primary Instructor for the online coaching practicum course. An accomplished author, coach, instructor, and presenter, Nora brought a wealth of coaching and business experience to our students. She earned her PhD and MBA at Syracuse University and taught courses in research and information technology at Syracuse as well. Nora was a highly skilled coach with professional credentials from International Coaching Federation and National Board of Health & Wellness Coaching. Student feedback as mentor coach and as instructor was overwhelmingly positive, represented by a student who wrote, "Nora was so wonderful! I feel like I learned so much this trimester and she really exemplified what a coach is. I'm leaving this course different than I entered it and I'm grateful." Nora will be greatly missed.

If you would like to send a condolence card to Nora's family, contact Rebecca Pille, rpille@muih.edu, for the address.

Please keep her family in your thoughts and prayers as they go through this difficult time.

Chris

Christina Sax, PhD
Provost & VP Academic & Student Affairs



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MUIH BUILDING COMMUNITY ACROSS DISTANCE

[Click here](#) for MUIH's operating status

FREE MUIH VIRTUAL COMMUNITY OFFERINGS

In the spirit of joining together and supporting our community during this time, we're honored to offer the following ways to connect:

[MUIH VIRTUAL COMMUNITY WEB PAGE](#)

Use the above link to access our Virtual Community Resources page, dedicated to delivering you happenings occurring in the virtual space. At MUIH, we not only talk about community, we believe in the power of community and strive to function as a community. With the recent events taking place, we are asking our community members to submit materials, ideas, and suggestions to share with all members of our community. We would like to post the name of the submitter and the relationship to MUIH if you give us permission. Please use the form on the bottom of the page in the link above to submit your offerings.

MUIH EVENTS

**MUIH Community Career Roundtable:
Fresh Starts- Transformation in Action**
April 1, 2021

[Virtual Zoom Event](#)

8:00 PM - 9:00 PM EST

**MUIH Journal Club &
Research Group**

April 21, 2021

[Virtual Zoom Event](#)

Look out for the Journal Club email containing the article to read prior to the event.

For more information

[click here](#) or email research@muih.edu

[MUIH Research Symposium 2021](#)

April 9, 2021

5:30 PM - 8:00 PM EDST

[OTHER MUIH
EVENTS](#)



[April
Wellness
Calendar](#)



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MUIH NEWS

[Click here](#) for MUIH's operating status

MUIH NEWS

[MUIH Presidential Statement on Asian American Pacific Islander Community](#)

[Maryland University of Integrative Health adds pathway for Registered Dietitians into Doctor of Clinical Nutrition program](#)

[Maryland University of Integrative Health Offering Complimentary Telehealth Acupuncture to Maryland Residents](#)

[Yoga Therapy Offers Relief for Clients in the Natural Care Center](#)

Free Community Acupuncture is now in operation at MUIH. Sign up below. Walk-ins are not currently allowed. Sign up [here](#).



Check out these inspiring stories from some of the 2020 MUIH Grads [here](#)!

Maryland University of Integrative Health
Alumni Association

Become an active part of our ever-expanding alumni association community. Members will have access to perks and discounts, **MUIH Email for Life**, events, communities, and more!

[JOIN NOW!](#)

[Check out the Alumni Association Discounts here](#)



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MUIH NEWS

[Click here](#) for MUIH's operating status



**Find an MUIH Practitioner
in Your Area**

For more than 40 years, Maryland University of Integrative Health has been training the nation's leading integrative health practitioners. Search to find practitioners in the fields of acupuncture, animal acupuncture, Ayurveda, yoga therapy, nutrition, health promotion, health and wellness, Chinese and Western herbal medicine.



Find a practitioner near you [here](#).

Be sure to update your listing in the **MUIH Practitioner Database**. You can update your listing [here](#).

FEATURED ALUMN BLOG

- Renata Lynn

Post-Baccalaureate Certificate in Herbal Studies; Post Master`s Certificate in Clinical Herbalism; Master ofT Therapeutic Herbalism

[Renata Lynn Clinical Herbalist Blog](#).

FACULTY PUBLICATIONS

Check out a [selection of journal articles](#) from MUIH faculty.

[MUIH Research Symposium 2021](#)
April 9, 2021
5:30 PM - 8:00 PM EDST

**"The healing of the land
and the purification of the
human spirit is the same
process."**

~Masanobu Fukuoka




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MUIH ALUMNI DISCOUNTS

Alumni Discount
MUIH PROGRAMS



Maryland University
of Integrative Health

- 10% OFF TUITION FOR THE FIRST TRIMESTER OF ANY CERTIFICATE PROGRAM
- 15% OFF TUITION FOR THE FIRST TRIMESTER OF ANY MASTERS OR DOCTORAL PROGRAM
- WAIVED APPLICATION FEE
- REDUCED CONFIRMATION DEPOSIT FROM \$350 TO \$150

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MUIH and You, Perfect Together!

We'd like to offer our alumni a special discount for the Spring, Summer, and Fall 2021 Trimesters:

- 10% off tuition for any certificate program (no restrictions)
- 15% off tuition for any Master's program (no restrictions)
- Waived Application Fee
- Reduced confirmation deposit from \$350 to \$150

Additional Alumni Discounts

- Western Herb Dispensary Discounts
- Natural Care Center Discounts
- Professional and Continuing Education (PCE) Discounts

[Click here](#) to learn more.

ALUMNI VIRTUAL EVENTS

Thursday, April 1, 2021
8:00-9:00 PM est
Virtual Zoom Event



COMMUNITY CAREER ROUNDTABLE:
Fresh Starts - Transformation in Action




Camille Leon
 Founder, The Holistic Chamber of Commerce
 Author, *Fresh Starts~Transformation in Action*

**MUIH Community
 Career Roundtable
 April 1, 2021
 Virtual Zoom Event
 8:00 PM - 9:00 PM EST**

[RSVP and learn more here.](#)

Check out the past
 MUIH Community
 Roundtable
 Presentations [here.](#)

The MUIH Student Journal Club and Research Group meet on alternating third Wednesdays from 12:00pm – 1:00pm est on the dates below.



April 04/21/21	Research Group
May 05/19/21	Journal Group
June 06/16/21	Research Group
July 07/21/21	Journal Group

MUIH JOURNAL CLUB & RESEARCH GROUP

**MUIH Journal Club &
 Research Group
[Virtual Zoom Event](#)**

Look out for the Journal Club email containing the article to read prior to the event.
 For more information [click here](#) or email research@muih.edu

ALUMNI VIRTUAL EVENTS

SAVE THE DATE!



**"The 3 months of spring
Are called springing up and unfolding.
Heaven and Earth together produce life,
And the 10,000 beings are invigorated."
~ Su Wen Chapter 2**

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INTEGRATIVE HEALTH NEWS & EVENTS

[China approves sale of traditional medicine products to treat Covid-19](#)

[Traditional Chinese Medicine for Skincare Market - Global Industry Analysis, Size, Share, Growth, Trends, and Forecast, 2020-2030](#)

[NANP H.E.A.L Con](#)

April 8-11, 2021

Virtual Event

[Integrative Medicine & Health Symposium](#)

April 11-13, 2021

Virtual Event

[Shen Nong Society East Asian Herbal Medicine Conference](#)

April 17, 2021

Virtual Event

[Advanced Infectious Disease Management](#)

May 21-23, 2021

Scottsdale, AZ

[International Conference on Traditional Medicine and Phytochemistry](#)

July 12-14, 2021

Melbourne, Australia

[Global Advances in Health and Medicine](#) has a call for COVID-related research articles. Currently no fee for COVID-related articles for a limited time .

NATURAL CARE CENTER

NOW OPEN!

For more than 40 years, the [Natural Care Center](#) at Maryland University of Integrative Health has provided powerful, meaningful, and effective healing experiences for patients and clients that arrive with a wide array of health challenges.

WESTERN HERBAL DISPENSARY

NOW OPEN!



As an MUIH Alum, you can order herbs for yourself from the Western Herbal Dispensary! In addition, if you graduated from the Herbal Clinical program, you can send us your client orders! The MUIH Dispensary uses exceptionally high-quality herbal products. Our herbal suppliers practice fully documented quality control standards, meeting FDA GMP's and providing a certificate of analysis demonstrating the authenticity of the herbs we order. Herbs we purchase are wild crafted or certified organic. You can view a list of our herbs and extracts and order [here](#).

Email or call us with questions.

herbs@muih.edu

410-888-9048 x6676



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MUIH PROFESSIONAL AND CONTINUING EDUCATION



General Announcements/Featured News:


- Want a behind the scenes glimpse into an online PCE course? [Watch our Professional and Continuing Education \(PCE\) webinar](#) and learn all about PCE at MUIH along with bonus setting healthy professional development goals tips!



PROFESSIONAL & CONTINUING EDUCATION (PCE)

INTEGRATIVE HEALTH LEARNING FOR LIFE

"Health is a state of complete harmony of the body, mind and spirit."
~B.K.S Iyengnar



MUIH is proud to offer this exclusive partnership with Daocloud to all MUIH Alumni.

DaoCloud, the largest network of vetted wellness practitioners, and MUIH have joined together to amplify our combined missions.

[Click here](#) to learn more and create an exclusive complimentary practitioner profile to utilize this client building software.

- [Amplifying Your Platform](#)
([walkthrough of DaoCloud](#))

MUIH ALUMNI ASSOCIATION OFFICERS



Cynthia Wilson, President
Master of Science in
Nutrition and Integrative Health
alumniprez@muih.edu



Cheron Hunt Garrison, Secretary
Master of Arts in
Health and Wellness Coaching
alumnisecretary@muih.edu





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CAREER SERVICES



SAVE THE DATE:
Spring Virtual Career Fair
 Thursday, May 20, 2021
 7 - 10 PM est

Job Portals

- [Our MUIH Community Job Board](#) features career opportunities that employers posted solely for the MUIH students and alumni. Employers and Alumni can also post career opportunities at the link above for free.
- [Our Integrative Health Job Board](#) is for integrative health employers and practitioners worldwide, and we hope it will become a destination for anyone trying to post or find opportunities in the field. This portal will be publicized by our vendor, YM Careers. Employers who post on this site will be charged a fee, and employers posting on the free MUIH Community site will be given a discount if they choose to post on both sites.

We hope you'll find the portals helpful with your career development and/or recruiting needs. Please let me know if you have any questions or need any assistance.

Please contact me at rbrooks1@muih.edu if you need career assistance or if you are in a position to hire our students/alumni.

Regards,
 Rob Brooks
 Associate Director of Career Services

SHERMAN COHN LIBRARY AT MUIH

Closed until further notice



Alumni are welcome to visit Sherman Cohn Library in person where they can use the on-site computers or their personal mobile devices to access the library's electronic resources. Alumni may also apply for a library borrowing account to borrow physical library materials, such as books or DVDs, etc. Alumni may borrow up to 3 items at a time from the regular or sequestered collections. Due to licensing restrictions, off-campus access to subscription electronic resources is limited to currently enrolled students, faculty, and staff.

Sincerely,

Carissa M. Hernandez, MLIS
 Head Librarian
 Sherman Cohn Library @ MUIH

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- [Facebook](#)
- [LinkedIn](#)

Letter from the Provost/2020-2021 Commencement Update

MUIH Community:

I am writing to update you on planning for **MUIH's 2020-2021 Commencement ceremony**. I wrote to you in November to inform you that we had moved the 2020-2021 ceremony from May 2021 to June 27, 2021. We made that decision based on our commitment to hold a memorable in person ceremony and because the later June date would maximize the chances that we would be able to hold an in-person event based on the state of the COVID-19 pandemic at that time. The pandemic has again caused us to adjust our scheduled events.

We have now decided to move the 2020-2021 Commencement ceremony from June 2021 to October 24, 2021. We remain committed to preserving an in-person Commencement ceremony and providing graduates with the opportunity to participate in this traditional and special celebration. However, based on guidance from our venue operator about their likely inability to host the event in June, and the need for health and safety precautions for the next several months we need to move the ceremony to a later date in Fall 2021 when we expect that it will again be possible for us to come together and celebrate. It is very important for us to hold an in-person commencement ceremony in 2021 and we apologize for needing to change the date of the event in order to ensure this happens.

Our adjusted plans include the following:

June 26, 2021: We will conduct our Awards Ceremony and Graduate Recognition online. The Awards ceremony honors our student, faculty, and staff award recipients in a variety of categories. The Graduate Recognition provides graduates with the opportunity to reflect on their studies at MUIH and share their story with others on our Commencement website.

October 24, 2021: We will conduct our Commencement Ceremony in person at the Lyric Theater in Baltimore. Graduates from 2020 and 2021 will be invited to participate and be honored at this ceremony (this includes individuals who graduated during the period of Summer 2019 through Summer 2021).

Additional information about these events will be made available as they become available.

MUIH takes great pride in the accomplishments of its graduates and anticipates the many contributions they will make as professionals who bring the principles of integrative health and wellness to their communities. We look forward to celebrating the accomplishments, resilience, and perseverance of our graduates and community.

Chris

Christina Sax, PhD
Provost & VP Academic & Student Affairs



Letter from the President: MUIH Mission and Vision

MUIH Community:

Hope you and your loved ones are well.

As you know, MUIH is a mission and values driven community.

Please see our mission, vision, values, and guiding principles.

This was provided to all students, faculty, and staff. I want to share with you as well.

More details on these items can also be found on [our website](#).

Thank you for being part of the MUIH Community.

In gratitude

Marc

Marc Levin
President and CEO

MISSION

MUIH promotes whole-person and community health and wellness through relationship centered integrative health education, care, and leadership.

VISION

MUIH is a global leader in advancing whole-person and community health and well-being.

VALUES

- Community
- Mindfulness
- Integrity
- Inquisitiveness
- Discernment

GUIDING PRINCIPLES

- Interconnection
- Holism
- Transformation
- Diversity
- Resilience

ABOUT MUIH

Maryland University of Integrative Health (MUIH) is a leading academic institution focused on the study and practice of integrative health and wellness and one of the few universities in the U.S. dedicated solely to such practices. Deeply rooted in a holistic philosophy, its model for integrative health and wellness is grounded in whole-person, relationship-centered, evidence-informed care. MUIH has more than 20 progressive graduate degree programs in a wide range of disciplines, offered on-campus and online.

NATURAL CARE CENTER

For more than 40 years, the Natural Care Center at Maryland University of Integrative Health, which includes our student teaching clinic and professional practitioners, has provided powerful, meaningful, and effective healing experiences for patients and clients that arrive with a wide array of health challenges.

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