

Maryland University of Integrative Health
Master of Science Degree Program in Yoga Therapy Synchronous Online Schedule
Cohort 13 – Fall 2024 through Summer 2026

Term 1 - Fall 2024 Yoga 611 ISCI 643 ISCI 644 MUIH 550	Weekend 1	Weekend 2	Weekend 3
	Sept 12 – 15 Thurs, Fri, Sat & Sun 9 – 6 pm EST	Oct 18 – 20 Fri, Sat & Sun 9 – 6 pm EST	Nov 15 - 17 Fri, Sat & Sun 9 – 6 pm EST

Term 2 - Spring 2025 Yoga 612 Yoga 615 ISCI 651	Weekend 1	Weekend 2	Weekend 3
	Jan 24-26 Fri, Sat & Sun 9 – 6 pm EST	Feb 21 - 23 Fri, Sat & Sun 9 – 6 pm EST	Mar 21 – 23 Fri, Sat & Sun 9 – 6 pm EST

Term 3 - Summer 2025 IHM 662 ISCI 613 Yoga 614	Weekend 1	Weekend 2	Weekend 3	Comprehensive Exam (Async) ** Aug 11 – Aug 18, 2025
	May 2 - 4 Fri, Sat & Sun 9 – 6 pm EST	June 6 - 8 ** OR ** June 13 – 15 Fri, Sat, Sun 9 – 6 pm EST	Friday July 18 Saturday July 19 Sunday July 20 9 – 6 pm EST	

Term 4 - Fall 2025 IHM 663 Yoga 634 Yoga 640 Yoga 644	Weekend 1	Weekend 2	Weekend 3	Weekly Practicum	Community Outreach
	Sept 12 - 14 Fri, Sat & Sun 9 – 6 pm EST	Oct 17 - 19 Fri, Sat & Sun 9 – 6 pm EST	Nov 14 - 16 Fri, Sat & Sun 9 – 6 pm EST	Sept 9 – Nov 18 11 live weekly sessions (2 hours each) *To be scheduled by faculty & students	Sept 9 – Nov 18 To be scheduled by student & clients as per Yoga 644 guidelines w/log 28 hours total (~2 hrs/wk)

Term 5 - Spring 2026 Yoga 635 Yoga 642 Yoga 645	Weekend 1	Weekend 2	Weekend 3	Weekly Practicum	Community Outreach
	Feb 6 - 8 Fri, Sat & Sun 9 – 6 pm EST	Mar 20 - 22 Fri, Sat & Sun 9 – 6 pm EST	Apr 24 - 26 Fri, Sat & Sun 9 – 6 pm EST	Feb 10 – Apr 28 11 live weekly sessions (2 hours each) (no class Spr. Break) *To be scheduled by faculty & students	Feb 10 – Apr 28 To be scheduled by student & clients as per Yoga 645 guidelines w/log 28 hours total (~2 hrs/wk)

Term 6 - Summer 2026 Yoga 643 Yoga 649 Yoga 646	Weekend 1	Weekend 2	Weekend 3	Weekly Practicum	Community Outreach
	June 5 - 7 ** OR ** June 12 - 14 Fri, Sat, Sun 9 – 6 pm EST	July 17 - 19 Fri, Sat & Sun 9 – 6 pm EST	Aug 7 - 9 Fri, Sat & Sun 9 – 6 pm EST	June 2 – Aug 11 11 live weekly sessions (2 hours each) *To be scheduled by faculty & students	June 2 – Aug 11 To be scheduled by student & clients as per Yoga 646 guidelines w/log 28 hours total (~2 hrs/wk)

Comprehensive Exam: Upon successful completion of the first year course of didactic study, students will receive eligibility to earn their RYT 500 with the Yoga Alliance, and be admitted to the first year comprehensive exam. If they pass this exam, they will continue on in the program to the second year of study, where they can earn their Master of Science degree in Yoga Therapy and also complete their eligibility for the C-IAYT exam with the International Association of Yoga Therapists (subject to successful completion of all 2nd year courses). Students who complete their first year of study but do not pass the program comprehensive exam on their second attempt will still earn their RYT 500 eligibility with the Yoga Alliance and may be able to apply their program hours towards another yoga therapy program.

Yoga Therapy Practicum: Upon successful completion of the comprehensive exam, students engage in their second year of study, which combines additional didactic coursework with clinic coursework and community outreach practicum. In the weekend clinic practicum, students recruit clients and provide customized yoga therapy plans of care within the Natural Care Center clinic, with live direct supervision from mentor faculty. In the weekly practicum, students recruit and support individuals with customized yoga therapy education with live support from mentor faculty. In the community outreach practicum, students work independently to recruit and support individuals and/or small groups with yoga therapy education, and report outcomes to mentor faculty during weekly live class sessions. Both weekly practicum and community outreach yoga therapy focuses on client education; are free to clients; and can be conducted online and/or in person.

For questions about the MS program in Yoga Therapy, please contact:

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