

May 2023

Calendar of Observances

May is recognized as:
Asian & Pacific American Heritage Month
Jewish American Heritage Month
Older Americans Heritage Month

International Workers' Day

1

Also known as May Day, it celebrates the social and economic achievements of workers worldwide. The day commemorates the Haymarket Riot of 1886 in Chicago, in which police and protesters clashed following a workers' strike for an eight-hour work day.

National Day of Prayer

4

An annual observance inviting people of all faiths to pray for the nation.

Cinco de Mayo

5

Commemorates the anniversary of Mexico's victory over the French Empire at the Battle of Puebla in 1862.

Lag BaOmer

8

Celebrates the end of a divine-sent plague and/or Roman occupation during Rabbi Akiva's lifetime.

Mother's Day

14

A day to show appreciation to all mothers.

Ascension Day

18

Celebrated 40 days after Easter/Pascha, it commemorates the ascension of Jesus into heaven.

World Day for Cultural Diversity for Dialog and Development

21

Recognizes cultural diversity as a source of innovation, exchange and creativity, as well as the obligation to create a more peaceful and equitable society based on mutual respect.

Declaration of the Bab

23

Commemoration of May 23, 1844, when the Bab, the prophet-herald of the Baha'i faith, announced in Shiraz, Persia, that he was the herald of a new messenger of God.

Shavuot

25

A celebration of the giving of the Torah on Mount Sinai, the moment when God and Israel sealed their covenant together.

Buddha Day

26

Marks the occasion of the birth, spiritual awakening and death of the historical Buddha.

Pentecost

28

Held on the 7th day after Easter, the Christian festival celebrating the descent of the Holy Spirit on the disciples of Jesus after his Ascension.

Ascension of Baha'u'llah

29

Anniversary of the death in exile of Baha'u'llah the prophet-founder of the Baha'i faith.

Memorial Day

Date recognized to honor the dead from all U.S. wars.

Maryland University
of **Integrative Health**

Calendar of Observances brought to you by the MUIH Diversity, Equity, and Inclusion Committee. Calendars are available at www.muih.edu/diversity-equity-and-inclusion.