August 2023 Calendar of Observances

August is National Back to School Month

3

Black Women's Equal Pay Day

Spotlights the inequities of pay for Black women.

8

<u>Ashura</u>

A day of fasting to celebrate Moses' exodus from Egypt. This day also marks the climax of the ten-day Remembrance of Murharram.

19

<u>International Youth Day</u>

Celebrates young people and the integral role they play in helping create a world fit for children.

13

Obon

Japanese Buddhist festival honoring deceased ancestors. Involves lighting of bonfires, traditional meals, paper lanterns, and folk dances.

15

<u>Assumption of the Blessed Virgin Mary</u>

A Catholic holiday that celebrates, through a feast, the Virgin, the mother of Jesus Christ when her spirit and body went to heaven.

26

Women's Equality Day

Celebrates the achievements of women's rights activists and reminds us of the daily struggles women face.

30

<u>Raksha Bandhan</u>

Celebrating for Hindus a festival that puts the focus on the love and duty between brother and sister.

Maryland University of Integrative Health