



Maryland University
of Integrative Health



Maryland University
of Integrative Health

Alumni Association
NEWSLETTER

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ALUMNI SUCCESS STORY

2020 - 2021 COMMENCEMENT CEREMONY

LATE SUMMER REFLECTIONS

MUIH NEWS, RESOURCES & EVENTS

ALUMNI VIRTUAL EVENTS

INTEGRATIVE HEALTH NEWS & EVENTS

AND MORE!

MUIH ALUMNI SUCCESS STORY



Dana Elia DCN, MS, RDN, LDN, FAND *Doctor of Clinical Nutrition*

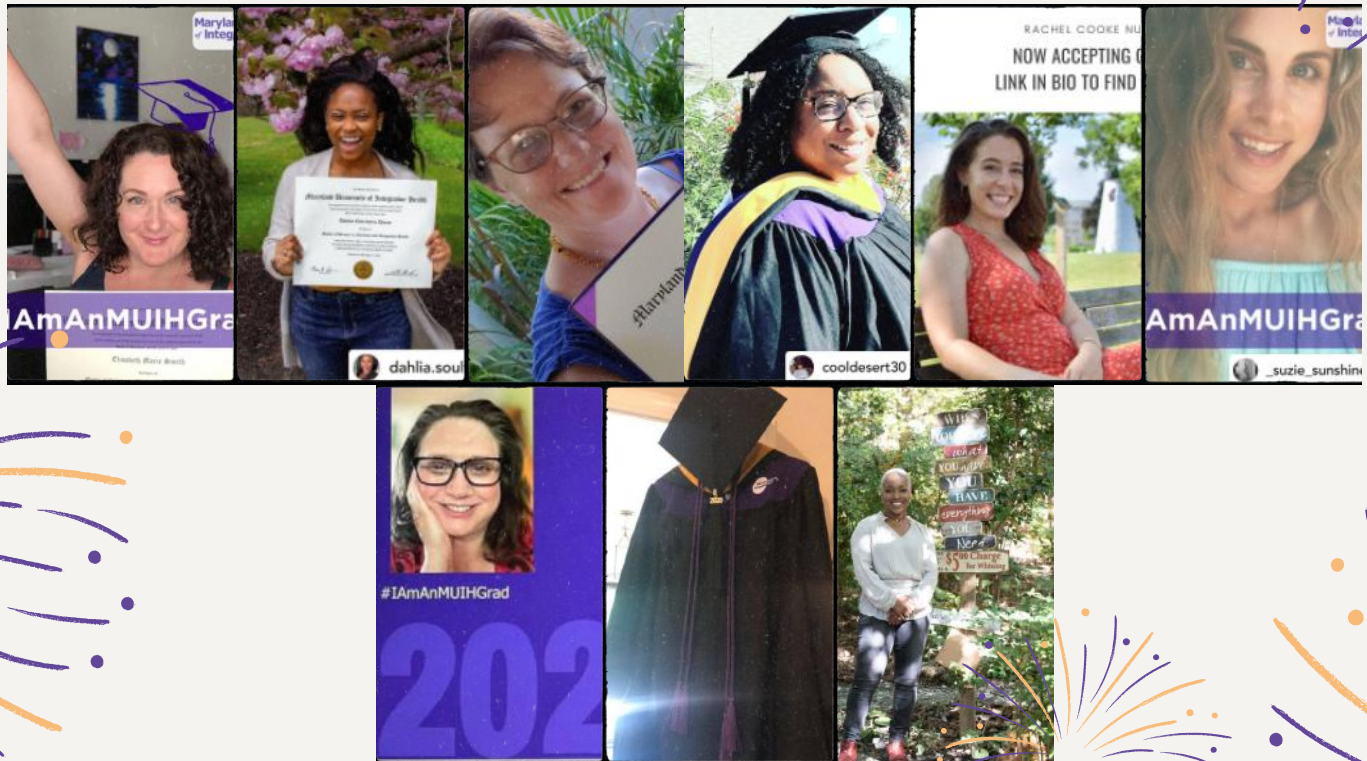
Dr. Elia is a Doctor of Clinical Nutrition, owner of Fusion Integrative Health and Wellness, LLC, author, adjunct faculty. She teaches at the Huntington University of Health Sciences, Southwest College of Naturopathic Medicine and Health Sciences, and the University of Western States. She also serves on the executive committee of Dietitians in Integrative and Functional Medicine as Past Chair. Dr. Elia also previously served on the executive committees for the Lancaster Area Celiac Support group and the Lancaster Chapter of the American Holistic Nurses Association. She is the author of The Stem Cell Activation Diet, The Sugar Detox Diet for 50+. She also has peer-reviewed journal articles in the Journal of the Academy of Nutrition and Dietetics. As a student, she was awarded the Student Research Poster Award at the 2019 MUIH Research Symposium. She holds a Bachelor of Science in Human Ecology-Dietetics from Montclair State University and a Master of Health Sciences in Integrative Health and Wellness from Rutgers.

You can learn more about Dr. Elia's work and offerings on [her website](#).

Maryland University of Integrative Health
7750 Montpelier Road
Laurel, MD 20723

muih.edu
muih.edu/campus/alumni-affairs/

#IAMANMUIHGRAD



Share with us how you're celebrating by using the hashtag, **#IAmAnMUIHGrad**, on Facebook, Instagram, LinkedIn, and Twitter.

#IAMANMUIHGRAD



2020 - 2021

Commencement Ceremony

October 24, 2021

Lyric Theater

Baltimore, MD 21201

[Click here](#) to learn more.

Share with us how you're celebrating by using the hashtag, **#IAmAnMUIHGrad**, on Facebook, Instagram, LinkedIn, and Twitter.

LATE SUMMER

Earth Element



Campus Alumni Bricks

"When a disease is in the heart, it will heal in late summer. If it does not heal in late summer, it will become serious in winter."

~Su Wen Chapter 22

Unschuld, P. U. (2003). Huang Di nei jing su wen: Nature, knowledge, imagery in an ancient Chinese medical text, with an appendix, the doctrine of the five periods and six qi in the Huang Di nei jing su wen. Berkeley: University of California Press.



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MUIH BUILDING COMMUNITY ACROSS DISTANCE

FREE MUIH VIRTUAL COMMUNITY OFFERINGS

In the spirit of joining together and supporting our community during this time, we're honored to offer the following ways to connect:

[MUIH VIRTUAL COMMUNITY WEB PAGE](#)

Use the above link to access our Virtual Community Resources page, dedicated to delivering you happenings occurring in the virtual space. At MUIH, we not only talk about community, we believe in the power of community and strive to function as a community. With the recent events taking place, we are asking our community members to submit materials, ideas, and suggestions to share with all members of our community. We would like to post the name of the submitter and the relationship to MUIH if you give us permission. Please use the form on the bottom of the page in the link above to submit your offerings.

MUIH EVENTS

MUIH Community Career Roundtable:
How Alumni Use Their Degrees Part 2

September 2, 2021

8:00 PM - 9:00 PM EST

[Virtual Zoom Event](#)

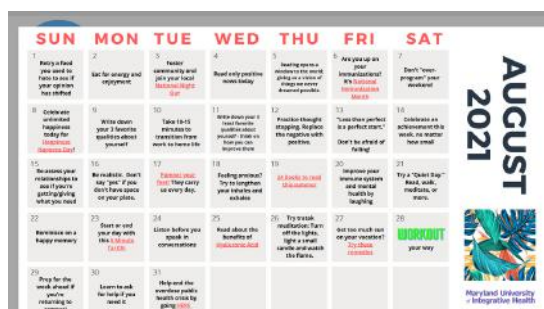
MUIH Alumni/Student Journal Club & Research Group

[Virtual Event](#)

The next Research Group is on 8.18.21

To learn more, [click here](#).

[OTHER MUIH EVENTS](#)



[AugustWellness Calendar](#)

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MUIH NEWS

[Click here](#) for MUIH's operating status

MUIH WELLNESS BLOG RECENT POSTS:

[Why Sports Nutrition is Changing and
Becoming a Required Subspecialty](#)

[Integrative Health at MUIH](#)

FREE ACUPUNCTURE: COMMUNITY HEALTH INITIATIVE (CHI) IS IN OPERATION!



Free Community Acupuncture is now in operation at MUIH. Walk-ins are not currently allowed. Sign up [here](#).

- MUIH is closed on August 23 for the University Restorative day.



Check out these inspiring stories from some of the 2020 MUIH Grads [here](#)!

Commencement for 2021 will be held on Sunday, October 24. Graduates can find comprehensive information regarding commencement at

<https://commencement.muih.edu/>

Maryland University
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Become an active part of our ever-expanding alumni association community. Members will have access to perks and discounts, **MUIH Email for Life**, events, communities, and more!

[JOIN NOW!](#)

[Check out the
Alumni Association
Discounts here](#)



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MUIH NEWS

IMPORTANT ACCOUNCEMENTS!



MUIH is proud to offer this exclusive partnership with Heal.me to all MUIH Alumni.

DaoCloud, now rebranding to Heal.me, is the largest network of vetted wellness practitioners.

You can still sign up for a complimentary profile with Heal.me. [Click here](#) to learn more and create an exclusive complimentary practitioner profile to utilize this client-building software. In the "tell us about your practice," note you are from MUIH and would like to receive the complimentary profile and discounts.

New Features Include:

- The ability to upload validated credentials, licenses, and degrees
- The ability to post services and prices
- Booking calendar
- Ability to create and integrate a personal Stripe account (payment software linked to booking calendar/price list)
- Ability to create shorted urls such as heal.me/max for every practitioner.
- Opportunities to contribute to Heal.me editorial content

Attention Transition Phase Health and Wellness Coaching Graduates! If you want to become an NBC-HWC you must sit for the October 2021 exam!

National Board Application Registration is now open through July 30th, 2021 to sit for the exam in October.

If you began a coaching program at MUIH prior to fall 2019, you completed an NBHWC Approved Transition Training program. If you are interested in pursuing the NBHWC credential you must register for the October exam. This is the last time a coaching graduate from a TRANSITION program can sit for the exam to become National Board Certified. For complete details about the exam registry, visit NBHWC.org.

To request a letter confirming your completion of MUIH's coach training (required for registration), please contact Sherry Leikin at sleikin@muih.edu.

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MUIH NEWS

[Click here](#) for MUIH's operating status

[Maryland University of Integrative Health Faculty and Alumni author Yoga Therapy textbook](#)

[Maryland University of Integrative Health announces free Professional Continuing Education courses for mental health providers](#)

**Find an MUIH Practitioner
in Your Area**

For more than 40 years, Maryland University of Integrative Health has been training the nation's leading integrative health practitioners. Search to find practitioners in the fields of acupuncture, animal acupuncture, Ayurveda, yoga therapy, nutrition, health promotion, health and wellness, Chinese and Western herbal medicine.



Find a practitioner near you [here](#).

Be sure to update your listing in the MUIH Practitioner Database. You can update your listing [here](#).

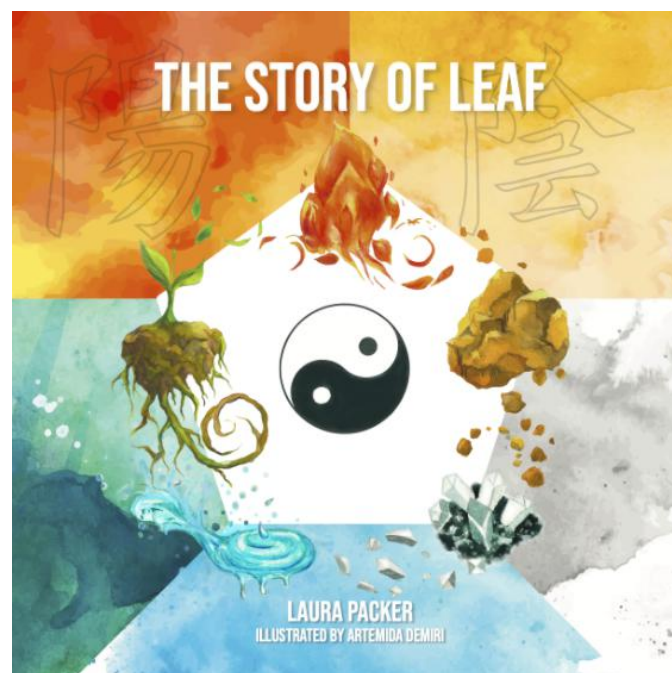
FACULTY PUBLICATIONS

Check out a [selection of journal articles](#) from MUIH faculty.

ALUMNI PUBLICATIONS

[*The Story of Leaf*](#)

Laura Packer, L.Ac., Dipl. Ac., CMT
Master of Acupuncture



**"FOLLOW YOUR BLISS."
~ JOSEPH CAMPBELL**



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COMPLEMENTARY MUIH ALUMNI VIRTUAL EVENTS

Thursday, September 2, 2021
8:00-9:00 PM est
Virtual Zoom Event



COMMUNITY CAREER ROUNDTABLE:

How Alumni Use Their Degrees



Nicole Studd
Consultant, Adjunct Professor,
Yoga Therapist, Creator
Yoga Studd Studio
Master of Science Yoga Therapy



Laura Packer
L.Ac., Dipl. Ac., CMT
LP Healing
Master of Acupuncture



Amanda Breon
Certified Health Education Specialist
John Hopkins University
Master of Science Health Promotion

MUIH Community Roundtable: How Alumni Use Their Degrees Part 2 September 2, 2021

[Click here](#) to learn more, RSVP, and get the Zoom link!

The MUIH Alumni/Student Journal Club and Research Group meet on alternating third Wednesdays from 12:00pm – 1:00pm est on the dates below.

August	Research Group	8/18/2021
September	Journal Club	9/15/2021
October	Research Group	10/20/2021
November	Journal Club	11/17/2021
December	Research Group	12/15/2021
January	Journal Club	1/19/2022
February	Research Group	2/16/2022
March	Journal Club	3/16/2022
April	Research Group	4/20/2022
May	Journal Club	5/18/2022
June	Research Group	6/15/2022
July	Journal Club	7/20/2022

MUIH JOURNAL CLUB & RESEARCH GROUP

MUIH Alumni/Student Journal Club & Research Group [Virtual Event](#)

The next Research Group is on 8.18.21
To learn more, [click here](#).

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MUIH ALUMNI DISCOUNTS & BENEFITS



heal.me

Maryland University of Integrative Health **PCE**
Professional & Continuing Education

PROFESSIONAL & CONTINUING
EDUCATION (PCE)

INTEGRATIVE HEALTH LEARNING FOR LIFE



- Western Herb Dispensary Discounts
- Natural Care Center Discounts
- Professional and Continuing Education (PCE) Discounts

[Click here](#) to learn more.

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Become an active part of our ever-expanding alumni association community. Members will have access to perks and discounts, **MUIH Email for Life**, events, communities, and more!

[JOIN NOW!](#)

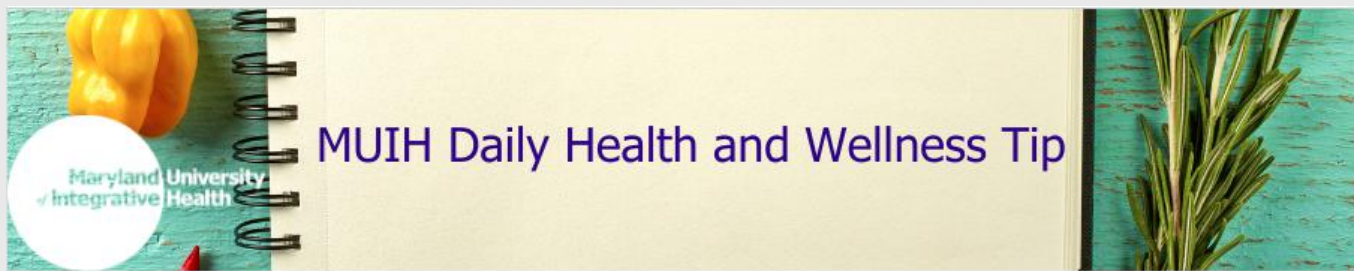
[Check out the Alumni Association Discounts here](#)

MUIH EMAIL FOR LIFE

As an alum, you are eligible for the MUIH Email for Life, which provides access to the MUIH Address book and email network.

In order to reset your password, please use the following link:

<http://passwordreset.microsoftonline.com>



Look at the positive side of being thrifty.

Eating meals at home instead of at a restaurant can be a fun family bonding time. Exercise with a family member or friend at home instead of at the gym.

This information is provided in support of the health and wellness of our community. For more health and wellness resources from MUIH, we encourage you to subscribe to our weekly Gratitude Tuesday email by clicking [here](#) or visiting our website for other resources by clicking [here](#).

NATURAL CARE CENTER

NOW OPEN!



For more than 40 years, the [Natural Care Center](#) at Maryland University of Integrative Health has provided powerful, meaningful, and effective healing experiences for patients and clients that arrive with a wide array of health challenges.

WESTERN HERBAL DISPENSARY

NOW OPEN!



As an MUIH Alum, you can order herbs for yourself from the Western Herbal Dispensary! In addition, if you graduated from the Herbal Clinical program, you can send us your client orders! The MUIH Dispensary uses exceptionally high-quality herbal products. Our herbal suppliers practice fully documented quality control standards, meeting FDA GMP's and providing a certificate of analysis demonstrating the authenticity of the herbs we order. Herbs we purchase are wild crafted or certified organic. You can view a list of our herbs and extracts and order [here](#).

Email or call us with questions.

herbs@muih.edu

410-888-9048 x6676



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INTEGRATIVE HEALTH NEWS & EVENTS



Community Health Center Scholarship Application

IM4US is offering full conference registration* scholarships to 100 **Community Health Center** practitioners or administrators for our 2021 Annual conference taking place virtually September 23-25. The scholarships will be distributed across the country to two eligible applicants from each state. Recipients will be selected based on eligibility and the order that the application is received. Notifications will be sent out on a rolling basis as awarded. [Click here to learn more.](#)

[NCCIH Strategic Plan FY 2021–2025: Mapping a Pathway to Research on Whole Person Health](#)

[Grand Rounds August 6: The TOGETHER Early Treatment of COVID Trial: Building Platform Trial Infrastructure for Infectious Diseases](#)

August 6, 2021
1-2 PM
Virtual Event

[Grand Rounds August 13: Got anything for this cough? Outpatient Treatment Trials in the Time of COVID](#)

August 13, 2021
1-2 PM
Virtual Event

[American Society of Acupuncturists 2021 Conference](#)

September 10-12, 2021
Virtual Event

[Integrative Healthcare Symposium](#)

September 18 - 20, 2021
New York Hilton
Midtown, NY

[Academy of Integrative Health and Medicine \(AIHM\) Virtual Annual Conference](#)

October 28 - 21, 2021
Virtual

Call for acupuncturists and Chinese herbalists who have been treating patients recovering from COVID-19:

[Traditional East Asian Medicine COVID-19 Study](#)



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MUIH PROFESSIONAL AND CONTINUING EDUCATION

Maryland University
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Professional and Continuing Education

Professional and Continuing Education – MUIH Community Benefit Program:

MUIH students, alumni, and employees are eligible for free registration in non-credit self-paced online course offered through the Office of Professional and Continuing Education (PCE).


Explore PCE Courses

To view the list of available courses eligible for the benefit, go to ce.muih.edu and look for courses designated as “MUIH Community Benefit”. [Click here](#) to learn more and receive the alumni promotion code.

Learn more at www.muih.edu/ce.

Are you a MUIH Alumnus who's participated in a PCE course willing to share a testimonial of your experience? Help us to inspire other integrative health professionals like you to further their education with MUIH and send your written testimonial to ce@muih.edu to be featured in our marketing materials! To express our gratitude, we'll be pleased to provide a special thank you gift!

" AN INDIVIDUAL'S
HARMONY WITH HIS OR
HER OWN DEEP SELF
REQUIRES NOT MERELY A
JOURNEY TO THE INTERIOR
BUT A HARMONIZING WITH
THE ENVIRONMENTAL
WORLD
~ JAMES HILLMAN



MUIH ALUMNI ASSOCIATION OFFICERS



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Cheron Hunt Garrison, Secretary
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CAREER SERVICES



Job Portals

- [Our MUIH Community Job Board](#) features career opportunities that employers posted solely for the MUIH students and alumni. Employers and Alumni can also post career opportunities at the link above for free.
- [Our Integrative Health Job Board](#) is for integrative health employers and practitioners worldwide, and we hope it will become a destination for anyone trying to post or find opportunities in the field. This portal will be publicized by our vendor, YM Careers. Employers who post on this site will be charged a fee, and employers posting on the free MUIH Community site will be given a discount if they choose to post on both sites.

We hope you'll find the portals helpful with your career development and/or recruiting needs. Please let me know if you have any questions or need any assistance.

Please contact me at rbrooks1@muih.edu if you need career assistance or if you are in a position to hire our students/alumni.

Regards,
Rob Brooks
Director of Career Services

MUIH Community Job Board

The MUIH
Community Job
Board is a place to
post and search for:

- Job Opportunities
- Space Rentals
- Internships
- Practices for Sale



Check out the [MUIH Community Job Board](#)!

**“WHEN YOU ARE CONTENT TO
BE SIMPLY YOURSELF AND
DON'T COMPARE OR
COMPETE, EVERYBODY WILL
RESPECT YOU. ”**
~ LAO TZU

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