# Maryland University of Integrative Health

2022 Student, Faculty, Employee Awards



The Excellence in Integrative Health Award recognizes students who especially demonstrate academic, clinical, or research excellence; MUIH's values; healing presence; a commitment to diversity, equity, and inclusion; leadership within their program; engagement in professional activities within MUIH; or service to their fellow students, program, or the University.



- Madea Allen, Acupuncture and Herbal Medicine
- Karen Andujar, Health Promotion
- Bethany Cherry, Health and Wellness Coaching
- Tanya Claggett, Integrative Health Studies
- Sheila Cohill, Health and Wellness Coaching
- Sean Emery, Herbal Medicine
- Elizabeth Garriott, Health and Wellness Coaching
- Tacey Gosling, Health Promotion



- Sunni Ingalls, Yoga Therapy
- Laura King, Acupuncture and Herbal Medicine
- Anica Lewis, Ayurvedic Wellness
- Holly Owens, Acupuncture and Herbal Medicine
- Tina Paul, Ayurvedic Wellness
- Reanetta Perkins, Nutrition
- Yukiko Riley, Yoga Therapy
- Maribeth Savoie, Health Promotion



- Elyce Shapiro, Nutrition
- Laurie Stover, Integrative Health Studies
- Felicia Taliaferro, Yoga Therapy
- Jennifer Tillman, Health and Wellness Coaching
- Christina Vollbrecht, Nutriton
- Xu Wu, Acupuncture and Herbal Medicine



### Student Research Poster Award

This annual award recognizes the student poster in MUIH's Research Symposium that demonstrates high quality research that adds new knowledge or a new perspective and enhances the field of integrative health.



### Student Research Poster Award

### **Award Recipients**

Kylee Curry, Lara McNeil, and Anna Flores, Doctor of Clinical Nutrition program, *Thyrotoxicosis Following High-Dose Withania Somnifera*(Ashwagandha) Supplementation: A Case Report



## Student Commencement Speaker

The Student Speaker is a graduating student that embodies MUIH's values with an inspirational message that connects their personal experience to that of other students and to the impact that MUIH graduates and the field of integrative health can have in the world.



### Student Commencement Speaker

## Mandee Walton M.A. Health and Wellness Coaching



## T. James Truby Community Service Award

The T. James Truby Community Service Award recognizes an MUIH employee who is providing outstanding service to the local, regional, or national community. The awardee embodies the values of MUIH and Jim Truby by making a difference and volunteering their time, actions, talents, and passion in service to others. The award is named in honor of James (Jim) Truby a long time MUIH Board member and supporter of MUIH. He was fiercely committed to community service as evidenced by his active involvement, leadership position roles, and support of many non-profit organizations.



## T. James Truby Community Service Award

Award Recipient

Eleonora Gafton
Program Director Whole Foods Cooking
Labs and Associate Professor



The University Marshal is a member of the MUIH community who has demonstrated commitment to academic excellence and innovation. Their work enriches the student learning experience, enhances the curriculum, advances the field of integrative health, demonstrates a commitment to lifelong learning, and exemplifies the values of MUIH. The University Marshal is selected annually by the provost in accordance with these attributes and accomplishments. The University Marshal carries the University Mace and leads the procession and recession during the Commencement ceremony.



- Atiera Abatemarco, Health Promotion and Research
- Liz Ahmann, Health and Wellness Coaching
- Bevin Clare, Herbal Medicine
- Amanda Courie, Acupuncture and Herbal Medicine
- John Courie, Herbal Medicine
- Fushena Cruickshank, Health Promotion
- Camille Freeman, Nutrition and Herbal Medicine
- Eleonora Gafton, Nutrition



- Dana Halkowski, Yoga Therapy
- Ryan Kneessi, Nutrition
- Sherry Leikin, Health and Wellness Coaching
- Liz Lipski, Nutrition
- Tracey Meyers, Yoga Therapy
- Betsy Miller, Herbal Medicine
- Marybeth Missenda, Integrative Health Studies
- Heidi Most, Acupuncture and Herbal Medicine



- Elizabeth Owens, Nutrition and Integrative Health Management
- Marilyn Peppers-Citizen, Yoga Therapy
- Denyse Peterson, Yoga Therapy
- Rebecca Pille, Health and Wellness Coaching
- Sarajean Rudman, Integrative Health Studies and Ayurveda
- Katherine Smith, Health Promotion and Health and Wellness Coaching
- Hunter Thompson, Acupuncture and Herbal Medicine
- Kerri Westhauser, Acupuncture and Herbal Medicine
- Alex York, Integrative Health Studies



**Award Recipient** 

John Courie Herbal Medicine



## Faculty Teaching Award

This award recognizes faculty members who demonstrate excellence in teaching and associated activities within the past academic year. These individuals embody the mission and values of MUIH in their teaching, mentorship, and interactions with students. Their teaching evaluations reflect their commitment to quality, innovation, and adaptability in a progressive environment.



### Faculty Teaching Award

- Julia Mandes, Acupuncture and Herbal Medicine
- Marybeth Missenda, Integrative Health Studies
- Heidi Most, Acupuncture and Herbal Medicine
- Linda Simons, Acupuncture and Herbal Medicine
- Marlysa Sullivan, Yoga Therapy
- Hunter Thompson, Acupuncture and Herbal Medicine
- Sheryl Van Lare, Nutrition
- Heming Zhu, Acupuncture and Herbal Medicine



### Faculty Teaching Award

**Award Recipients** 

Renee LeClair, Nutrition

Marybeth Missenda, Integrative Health Studies



## Faculty Excellence and Innovation in Service Award

This award acknowledges a faculty member who has demonstrated excellence and innovation in service to MUIH. The individual selected to receive this award exemplifies MUIH's values with special distinction and has shown innovation in their approach to meet a need within the MUIH or external community.



## Faculty Excellence and Innovation in Service Award

- Janice Campbell, Acupuncture and Herbal Medicine
- John Courie, Herbal Medicine
- Sherry Leikin, Health and Wellness Coaching
- Janet Padgett, Acupuncture and Herbal Medicine



## Faculty Excellence and Innovation in Service Award

Award Recipient

Janice Campbell
Acupuncture and Herbal Medicine



## Faculty Excellence in Research and Scholarship Award

This annual award recognizes faculty members who are actively supporting MUIH's institutional commitment to enhancing the fields of integrative health and higher education through scholarship and evidence-based research.



## Faculty Excellence in Research and Scholarship Award

- Christine Cherpak, Nutrition
- Liz Lipski, Nutrition
- Heidi Most, Acupuncture and Herbal Medicine



## Faculty Excellence in Research and Scholarship Award

Award Recipient

Heidi Most Acupuncture and Herbal Medicine



## Faculty Research Poster Award

This annual award recognizes the faculty poster in MUIH's Research Symposium that demonstrates high quality research that adds new knowledge or a new perspective and enhances the field of integrative health.



### Faculty Research Poster Award

### **Award Recipients**

Steffany Moonaz and Tanisha Luthria,

Development of a Flexible Yoga Therapy Protocol
for Pairing with Acupuncture Therapy to Help

Manage Chronic Pain

