

# February 2023

## Calendar of Observances

### February is Black History Month

Celebrates Black History and African American culture in the United States.

1

#### National Freedom Day

Commemorates the signing of the 13th amendment, which abolished slavery in 1865.



3

#### Setsuban no Hi

Annual Japanese festivity that celebrates that passing from winter to spring.

4

#### Rosa Parks Day

Birthday of Rosa Parks (1913-2005), civil rights leader most widely known for refusing to give up her seat to a white person.

5

#### Tu BiShivat (Rosh Ha Shanah La'Ilanot)

New Year's Day for Trees, and traditionally the first of the year for tithing fruit of trees.

15

#### Susan B. Anthony Day

Birthday of Susan B. Anthony (1820-1906), a pioneer in the Women's Rights Movement.

#### Nirvana Day

Celebrates the day when the historical Buddha achieved Parinirvana, or complete Nirvana.

18

#### Lailat Al Miraj

Commemorates the Muhammad's nighttime journey from Mecca to the "Farthest Mosque" in Jerusalem where he ascended to heaven, was purified, and given the instruction for Muslims to pray five times daily.

20

#### World Day of Social Justice

Recognizes social justice in the digital economy related to working related concerns such as compensation and labor treatment.

#### Presidents Day

Honors the past presidents of the United States of America.



21

#### Shrove Tuesday

The day before Ash Wednesday. Celebrates the week preceding the beginning of Lent.

22

#### Ash Wednesday

This day marks the beginning of Lent and is always 46 days before Easter Sunday.

**Maryland University**  
*of* **Integrative Health**

Calendar of Observances brought to you by the MUIH Diversity, Equity, Inclusion, and Belonging Committee. Calendars are available at [www.muih.edu/diversity-equity-and-inclusion](http://www.muih.edu/diversity-equity-and-inclusion).