Maryland University of Integrative Health

2023 Student, Faculty, Employee Awards



Student Excellence in Integrative Health Award

The Excellence in Integrative Health Award recognizes students who especially demonstrate academic, clinical, or research excellence; MUIH's values; healing presence; a commitment to diversity, equity, and inclusion; leadership within their program; engagement in professional activities within MUIH; or service to their fellow students, program, or the University.



Student Excellence in Integrative Health Award

- Madea Allen, Acupuncture and Herbal Medicine
- Thomas Austin-Braxton, Acupuncture and Herbal Medicine
- Jaime Brown, Yoga Therapy
- Lindy Burns, Acupuncture and Herbal Medicine
- Maria Valentina Fajardo Delgado, Nutrition
- Jo Hawkins, Health and Wellness Coaching
- Abbey Howell, Herbal Medicine
- Barbara Iachini, Health and Wellness Coaching
- Laura King, Acupuncture and Herbal Medicine



Student Excellence in Integrative Health Award

- Maya Lechowick, Nutrition
- Erin Lewis, Integrative Health Studies
- Lisa Loring, Integrative Health Studies
- Jessica Myers, Health Promotion
- Marie Najjar, Acupuncture and Herbal Medicine
- Claire Officer, Health Promotion
- Elaine Proulx, Integrative Health Studies
- Yukiko Riley, Ayurveda
- Laurie Stover, Integrative Health Studies



Student/Alumni Research Poster Award

This annual award recognizes the student poster in MUIH's Research Symposium that demonstrates high quality research that adds new knowledge or a new perspective and enhances the field of integrative health.



Student/Alumni Research Poster Award

Award Recipients

Lisa Danahy, Christine Aspen, Robin Forbes, and Kaetlyn Springer

Yoga Therapy as Complementary Care for Polymyalgia Rheumatica and Secondary Osteoporosis



Student Commencement Speaker

The Student Speaker is a graduating student that embodies MUIH's values with an inspirational message that connects their personal experience to that of other students and to the impact that MUIH graduates and the field of integrative health can have in the world.



Student Commencement Speaker

Noor Salem M.S. Nutrition and Integrative Health



T. James Truby Community Service Award

The T. James Truby Community Service Award recognizes an MUIH employee who is providing outstanding service to the local, regional, or national community. The awardee embodies the values of MUIH and Jim Truby by making a difference and volunteering their time, actions, talents, and passion in service to others. The award is named in honor of James (Jim) Truby a long time MUIH Board member and supporter of MUIH. He was fiercely committed to community service as evidenced by his active involvement, leadership position roles, and support of many non-profit organizations.



T. James Truby Community Service Award

Award Recipient

Daryl Nault Assistant Professor, Research



The University Marshal is a member of the MUIH community who has demonstrated commitment to academic excellence and innovation. Their work enriches the student learning experience, enhances the curriculum, advances the field of integrative health, demonstrates a commitment to lifelong learning, and exemplifies the values of MUIH. The University Marshal is selected annually by the provost in accordance with these attributes and accomplishments. The University Marshal carries the University Mace and leads the procession and recession during the Commencement ceremony.



- Atiera Abetamarco, Health Promotion and Research
- Liz Ahmann, Health and Wellness Coaching
- Oscar Coetzee, Nutrition
- John Courie, Herbal Medicine
- Fushena Cruikshank, Health Promotion
- Eleonora Gafton, Nutrition
- Sherry Leikin, Health and Wellness Coaching



- Liz Lipski, Nutrition
- Kathy McNeely, Nutrition
- Daryl Nault, Research
- Elizabeth Owens, Nutrition and Integrative Health Management
- Marilyn Peppers-Citizen, Yoga Therapy
- Tracy Soltesz, Integrative Health Management



Award Recipient

Oscar Coetzee Nutrition



This award recognizes faculty members who demonstrate excellence in teaching and associated activities within the past academic year. These individuals embody the mission and values of MUIH in their teaching, mentorship, and interactions with students. Their teaching evaluations reflect their commitment to quality, innovation, and adaptability in a progressive environment.



- Liz Ahmann, Health and Wellness Coaching
- Victoria Yunez-Behm, Nutrition
- Kelli Bethel, Yoga Therapy
- Oscar Coetzee, Nutrition
- John Courie, Herbal Medicine
- Angela Dabbs, Health and Wellness Coaching
- Rachelle Dixon, Acupuncture and Herbal Medicine
- Keren Dolan, Nutrition
- Camille Freeman, Nutrition
- Marybeth Missenda, Integrative Health Studies



- Daryl Nault, Research
- Frank Neely, Acupuncture and Herbal Medicine
- Patty Owen, Acupuncture and Herbal Medicine
- Marilyn Peppers-Citizen, Yoga Therapy
- David Riley, Nutrition and Research
- Daniel Schrier, Acupuncture and Herbal Medicine
- Susan Testa, Nutrition
- Sherryl Van Lare, Nutrition
- Kerri Westhauser, Acupuncture and Herbal Medicine



Award Recipient

Angie Dabbs
Health and Wellness Coaching



Faculty Excellence and Innovation in Service Award

This award acknowledges a faculty member who has demonstrated excellence and innovation in service to MUIH. The individuals selected to receive this award exemplifies MUIH's values with special distinction and has shown innovation in their approach to meet a need within the MUIH or external community.



Faculty Excellence and Innovation in Service Award

- John Courie, Herbal Medicine
- Sherry Leikin, Health and Wellness Coaching
- Marybeth Missenda, Integrative Health Studies
- Heidi Most, Acupuncture and Herbal Medicine
- Daryl Nault, Research
- Janet Padgett, Acupuncture and Herbal Medicine



Faculty Excellence and Innovation in Service Award

Award Recipients

Sherry Leikin
Health and Wellness Coaching

Heidi Most Acupuncture and Herbal Medicine



Faculty Excellence in Research and Scholarship Award

This annual award recognizes faculty members who are actively supporting MUIH's institutional commitment to enhancing the fields of integrative health and higher education through scholarship and evidence-based research.



Faculty Excellence in Research and Scholarship Award

- Suzie Carmack, Yoga Therapy
- Marybeth Missenda, Integrative Health Studies



Faculty Excellence in Research and Scholarship Award

Award Recipient

Marybeth Missenda Integrative Health Studies



Faculty Research Poster Award

This annual award recognizes the faculty poster in MUIH's Research Symposium that demonstrates high quality research that adds new knowledge or a new perspective and enhances the field of integrative health.



Faculty Research Poster Award

Award Recipients

Marybeth Missenda, John Courie, Elizabeth Ahmann, Micha Saviet, Daryl Nault, Nancy Morell, Amy Talcott, Ajowa Ifateyo, and Rachel Keeney

Facilitators and Barriers of Adhering to the CONSORT Herbal Intervention Guidelines: Study Design

