

Type of Opportunity: Health & Wellness Coaching

Company Name: MedPro Wellness

Job Title: On Site Health Coach

Job Type: Full-time

City: Cranford

State: New Jersey

Details:

At MedPro Wellness we inspire the behaviors that promote positive change.

Both corporate and individual participants receive a personalized approach on fitness and nutrition education, guidance, and motivation to forge a healthier lifestyle. Our interactive support drives focus, communication, and results. We serve a client base of municipalities, providers, corporations, healthcare systems, physician practices, and individuals. With on-going circular support, follow-up, and continuous engagement, MedPro exceeds our client's expectations.

Our Coaches are responsible for meeting with a diverse population of clients and inspiring them towards a healthier lifestyle. We are seeking candidates who want to grow with us, possess the empathy to truly listen, and have a genuine passion for helping others. Our work environment is a blend of hard work and team fun.

We are only looking for quality Coaches who genuinely and passionately want to change and impact lives.

This position will serve as a resource and enhancement to the client wellness program.

The primary areas of responsibility for this position include, but are not limited to:

Individual and group on-site health coaching to reduce employee health risks by assisting employees in identifying and understanding barriers and then coaching them through the behavioral change process Develop, execute and provide workshops and events to support specific client wellness program initiatives Create a wellness culture within the workplace that is exciting and fun Market client wellness initiatives through face-face engagement, flyers, newsletters and empowering Wellness Champions Empower participants to connect with their Primary Care Provider Deliver telephonic coaching sessions depending on participants' need/schedule

Provide specific health coaching to address objectives, goals and barriers as identified during assessment and implement a plan Deliver onsite, face-to-face lifestyle management programs and health risk reduction sessions for individuals Ability to obtain BMI and blood pressure Work interactively with participants to promote a healthier lifestyle and overall well-being Create a supportive environment by guiding clients towards a healthy wellness target, monitoring habits, providing education, setting goals and accountability Establish customized plans for each participant to motivate them to their goals Schedule regular touch points, and reach out proactively if participants are not tracking towards their goals Diligently track participant progress Given the sensitive nature of health information, always maintain strict confidentiality, and follow HIPAA guidelines

Requirements:

Have a National Certification in Health Coaching (MedPro will sponsor for a candidate with a degree in Nursing, Nutrition or a health-related field) Have 5+ years of health coaching experience Portray high energy and a positive outlook Enthusiasm to create, promote, and drive engagement through participation in programs and onsite wellness initiatives Demonstrated time management skills, along with the ability to handle multiple tasks.

Exceptional verbal skills and ability to meet, greet, speak and positively represent.

Outgoing and personable, able to work independently, and must possess excellent interpersonal and organizational skills.

Contain knowledge of a wide variety of health concerns supported by the best solutions to impact change Have the ability to identify healthy: Blood Pressure, Weight, Cholesterol, Glucose levels

Possess a coaching style that drives goal setting and activating change Be committed to delivering quality customer service Deliver on excellent communication, interpersonal, and relationship skills

Be exceptionally detail oriented Thrive in a fast-paced work environment and challenges, be a creative self-starter and flexible Be self-motivated towards personal and professional excellence Be comfortable working in a diverse community setting Exemplify the actions of what they are teaching Have experience with CRM software

· Job Type: Full-time / Bi-Lingual a plus!

Salary commensurate with experience and qualifications Applicant will be required to submit a background check and drug screen Job Type: Full-time

Experience: 5 years (Preferred)

<https://www.indeed.com/jobs?q=medpro%20wellness&l&advn=2905286827260199&vjk=db6ee367342d5453>

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Add an attachment: