

JULY 2016

MUIH Board Chair Announces Retirement of President and CEO Frank Vitale



John A. Palmucci

Frank Vitale

MUIH Board Chair Adele Wilzack, M.S., R.N., announced the retirement of President & CEO Frank Vitale on June 22 after nearly a decade of "distinguished service" during which the school achieved University status, launched its first doctoral programs, set enrollment records and expanded clinical care. The Board appointed John A. Palmucci, a longtime MUIH

Board Member and former Valparaiso University Senior Vice President for Finance and Administration, to succeed Mr. Vitale, effective July 1, on an interim basis while a comprehensive search for a permanent chief executive takes place.

[Read more](#)

Himmelfarb Opens New Gallery Exhibit: "Raw to Processed"



Much of the recent dialogue on food centers on the Standard American Diet, processed food, and its increasing correlation to developing disease in the human body. The newest gallery exhibit in the Himmelfarb Gallery, "Raw to Processed," is a series of drawings by Minnesota artist Karen Gustafson that explores this relationship of food to our health, and the nature of exactly what our food has become. [Read more](#)



MUIH in the News

Marlysa Sullivan Interviewed on Healing Pain Podcast

Assistant Professor Marlysa Sullivan was interviewed about the biopsychosocial-spiritual model for pain on the Healing Pain Podcast. In this episode, Sullivan speaks on connecting science with treatment and how yoga, meditation, and physical therapy work with improving social health, connection, and the physiological underpinnings of pain and social isolation. [Listen now](#)

MUIH Hospital Partnership Featured in Acupuncture Today

For the July 2016 issue of Acupuncture Today, MUIH Acupuncture and Oriental Medicine Academic Director Jeffrey Millison, M.Ac., Dipl.Ac. (NCCAOM), wrote a feature piece on the emerging partnership model between hospitals and universities. Millison explores the trials, successes, and learning curves that come with introducing complementary and integrative care modalities into an established and traditional Western healthcare system. [Read more](#)

Michael Tims Authors Botanical Adulterants Program Bulletin on Goldenseal

Academic Director of MUIH's Herbal Programs, Dr. Michael Tims, authored the latest ABC-AHP-NCNPR Botanical Adulterants Program Bulletin on adulteration of goldenseal (*Hydrastis canadensis*) root and rhizome. [Read more](#)

Featured Event

[Integrative Health Graduate Fair](#)
Jul. 21, 6:30 -8:30 p.m.

Events Calendar

[Web Information Session: Internships in Nutrition and Integrative Health Programs](#)
Jul. 12, 8 -9 p.m.

[Webinar: Herbs for Family Health](#)
Jul. 13, 12 -1 p.m.

[Web Information Session: Health Promotion Program](#)
Jul. 13, 7 -8 p.m.

[Web Information Session: Nutrition and Integrative Health Programs](#)
Jul. 14, 12 -1 p.m.

[Webinar: Careers in Health Coaching](#)
Jul. 18, 7 -8 p.m.

[Herb Walk](#)
Jul. 20, 5 -6 p.m.

[Web Information Session: Admissions and Financial Aid](#)
Jul. 22, 6 -7 p.m.

[Webinar: What Does a Health Educator Do?](#)
Jul. 26, 12 -1 p.m.

[Webinar: Herbal Enthusiast to Herbal Expert](#)
Jul. 27, 12 -1 p.m.

[Web Information Session: Doctor of Clinical Nutrition](#)
Jul. 28, 1 -2 p.m.

[Web Information Session: Acupuncture and Oriental Medicine Programs](#)
Aug. 2, 12 -1 p.m.

[Web Information Session: Herbal Medicine Programs](#)
Aug. 3, 12 -1 p.m.

[Webinar: Workplace Wellness: Developing a Culture of Health](#)
Aug. 3, 7 -8 p.m.

[Web Information Session: Nutrition and Integrative Health Programs](#)
Aug. 8, 7 -8 p.m.

[Web Information Session: Health Promotion Program](#)
Aug. 9, 12 -1 p.m.

[Web Information Session: Yoga Therapy Program](#)
Aug. 9, 1 -2 p.m.

[Webinar: Careers in Herbal Medicine](#)
Aug. 10, 7 -8 p.m.

[Web Information Session: Health and Wellness Coaching Programs](#)
Aug. 11, 7 -8 p.m.

[Web Information Session: Internships in Nutrition and Integrative Health Programs](#)
Aug. 17, 7 -8 p.m.

MUIH Acupuncture Alumna Barbara Simpson Featured on Buffalo Rising

Buffalo Rising wrote a feature piece on MUIH acupuncture alumna Barbara Simpson and her work with Five Element Acupuncture. Barbara has over 30 years of experience with acupuncture and "provides a professional and relaxed environment for clients to experience this healing art in her home on the west-side of Buffalo." [Read more](#)



Recipe: Simple Baba Ghanoush

With the summer heat building, you may be dreaming of delicious foods and cool breezes on Mediterranean coasts. No need to travel for fresh, crisp flavors, though. This simple baba ghanoush recipe by MUIH Cooking Lab Manager Eleanora Gafton will bring the taste of the Mediterranean to you. [Read more](#)

Have You Connected with MUIH Yet?



In Case You Missed It...

Here are some of the most interesting health and wellness related items buzzing around online right now.

[Using Meditation to Help Close the Achievement Gap \(New York Times\)](#)

The success of some schools' efforts suggests that meditation positively impacts student performance and that it could help close the achievement gap between poor inner-city school children and their more affluent counterparts.

[The Role of Acupuncture in the Midst of the Opioid Crisis \(Forbes\)](#)

As opioid addiction becomes increasingly more prevalent in the US, acupuncture plays a two-fold role as both a preventative and addiction treatment mechanism for opioid use and abuse.

[The Offices Revolution That Might Make You Excited For Work \(Well + Good\)](#)

Workplace wellness programs are steadily on the rise, and this trend keeps growing. That means there's a greater need for professionals trained to work in these environments.

[Ginger and Acupressure 'Options for Morning Sickness' \(BBC News\)](#)

The Royal College of Obstetricians and Gynecologists in the UK offers guidance that acupressure use and ginger consumption have been shown to alleviate morning sickness and could offer alternatives to pregnant women who want to avoid medication.

[How the Food You Eat Affects Your Brain \(TED-Ed\)](#)

In this animated video, Mia Nacamulli explains how food choices have a direct and long-lasting effect on the brain and explores how different foods affect humans physically, mentally, and emotionally.

[Webinar: Yoga Teacher to Yoga Therapist: Making the Transition](#)
Aug. 23, 12 -1 p.m.

[See all Upcoming Events](#)

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