

MUIH Spring 2025 Textbook List

Course Number	Couse Title	Source Type	Author	Title	Edition	Published Year	City Published	Publisher	ISBN	Note to Student	Required for Course
AOM-719	NCCAOM Exam Prep	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	NA
AOM-748	Spec Clin Tech/Chinese Med	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook.	NA
AOM-790-B8	Supervisd Clinical Prac: Core	NONE	NA	NA	NA	NA	NA	NA	NA		NA
AOM-790-C8	Supervisd Clinical Practice	NONE	NA	NA	NA	NA	NA	NA	NA		NA
AOM-794	Collaborative Care	pdf	Scheid V., MacPherson H. (Eds.)	Integrating East Asian Medicine into Contemporary Healthcare	2nd	2015	London	Elsevier		No required textbook. All required readings will be made available within the course	NA
AOM-794	Collaborative Care	E-book (available for students)	Olden, P.C.	Management of healthcare organizations: An introduction, Second Edition	2nd	2018	Chicago	Health Administration Press	978-1567936902	No required textbook. All required readings will be made available within the course	NA
AOM-794	Collaborative Care	E-book (available for students)	Gastel, B and Day, R.A.	How to Write and Publish a Scientific Paper	8th	2016	Westport	Greenwood	978-1440842627	No required textbook. All required readings will be made available within the course	NA
AOM-794	Collaborative Care	E-book (available for students)	Shi, L. and Singh, D.	Delivering health care in America: A systems approach	8th	2022	Burlington	Jones and Bartlett	978-1284224610	No required textbook. All required readings will be made available within the course	No
AOM-799	AOM Oral Exam Level Three	NONE	NA	NA	NA	NA	NA	NA	NA		NA
APP-606	Becoming a Healing Presence	Book	Geller, S. M. & Greenberg, L. S.	Therapeutic Presence: A Mindful Approach to Effective Therapeutic Relationships	2nd	2022	NA	American Psychological Association	978-1433836046	MSRP: \$44.99	Yes
APP-606	Becoming a Healing Presence	Book	Schenck, D. & Churchill, L. R.	Healers: Extraordinary Clinicians at Work	NA	2012	NA	Oxford University Press	978-0199735389	MSRP: \$39.99 - available as an ebook through LNDL. It can be accessed one person at a time.	Yes
APP-606	Becoming a Healing Presence	Book	Balles, T.	Dancing with the Ten Thousand Things	NA	2004	NA	Iuniverse	595311601	MSRP: \$16.22; •Access free online: https://archive.org/details/dancingwithtenth0000ball •Borrow for free on https://openlibrary.org/ at https://openlibrary.org/books/OL7554627M/Dancing_With_The_Ten_Thousand_Things	Yes
AYUR 633	Ayurvedic Nutrition and Herbs	book	Lad, V.	Textbook of Ayurveda Volume 1	n/a	2001	Albuquerque, NM	Ayurvedic Press	ISBN 978-1883725075	Hard Cover \$65	Yes
AYUR 633	Ayurvedic Nutrition and Herbs	book	Lad, V.	Textbook of Ayurveda Volume 3	n/a	2012	Albuquerque, NM	Ayurvedic Press	ISBN 978-1883725143	Hard Cover \$120	Yes
AYUR 633	Ayurvedic Nutrition and Herbs	book/kindle	Tirtha, S.	The Ayurvedic Encyclopedia	n/a	1998	Bayine, NY	Ayurveda Holistic Center	ISBN 978-0965804257	Paperback \$40 / Kindle \$34	Yes
AYUR 633	Ayurvedic Nutrition and Herbs	book/kindle	Tiwari, M.	Ayurveda Secrets of Healing	n/a	1995	Delhi, India	Motilal Banarsidass	ISBN 978-0914955153	Paperback \$22 / Kindle \$21	Yes
AYUR 633	Ayurvedic Nutrition and Herbs	book	Twari, M.	The Path of Practice	n/a	2000	New York NY	Ballantine Books	ISBN 978-0345434845	Paperback \$15	Yes
AYUR 635	Ayurvedic Lifestyle Skills and Self-Care	book	Lad, V.	Textbook of Ayurveda Volume 3	n/a	2012	Albuquerque, NM	Ayurvedic Press	ISBN 978-1883725143	Hard Cover \$120	Yes
CHP-711A	Chinese Herb Med Theory II	Book	Scheid, V., Bensky, D. Ellis, and Barolet, R.	Chinese Herbal Medicine: Formulas and Strategies	Portable 2nd	2015	Seattle	Eastland Press Inc	0939616831		Yes
CHP-711A	Chinese Herb Med Theory II	Book	Bensky, D., Clavey, S., Stoger, E., and Gamble, A.	Chinese Herbal Medicine: Materia Medica	Portable 3rd	2015	Seattle	Eastland Press Inc	0939616823	Choice of book or app	Yes
CHP-711A	Chinese Herb Med Theory II	Mobile App		Eastland Herb-Materia Medica and Formulas	4	2013	App Store	Eastland Press Incorporated		Choice of book or app	Yes
CHP-721A	Clinical Internship	NONE	NA	NA	NA	NA	NA	NA	NA		NA
CHP-731B	Clinical Thought Process	Book	Bensky, D., Clavey, S., Stoger, E., and Gamble, A.	Chinese Herbal Medicine: Materia Medica	Portable 3rd	2015	Seattle	Eastland Press Inc	0939616823		Yes
CHP-731B	Clinical Thought Process	Book	Scheid, V., Bensky, D. Ellis, and Barolet, R.	Chinese Herbal Medicine: Formulas and Strategies	Portable 2nd	2015	Seattle	Eastland Press Inc	0939616831	Choice of book or app	Yes

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CHP-731B	Clinical Thought Process	Mobile App		Eastland Herb-Materia Medica and Formulas	4	2013	App Store	Eastland Press Inc	978-0939616428	Choice of book or app	Yes
CHP-751	Chinese Herbal Preparations									Herb supplies will be discussed in class	Yes
CHP-751	Chinese Herbal Preparations	Book	Bensky, D., Clavey, S., Stoger, E., and Gamble, A.	Chinese Herbal Medicine: Materia Medica	Portable 3rd	2015	Seattle	Eastland Press Inc	0939616823		Yes
CHP-751	Chinese Herbal Preparations	Book	Scheid, V., Bensky, D. Ellis, and Barolet, R.	Chinese Herbal Medicine: Formulas and Strategies	Portable 2nd	2015	Seattle	Eastland Press Inc	0939616831		Yes
CHP-751	Chinese Herbal Preparations	Book	Flaws, B., and Wolfe, H. L.	The successful Chinese herbalist		2005	Portland	Blue Poppy Press, Inc.	1891845292		Yes
CHP-751	Chinese Herbal Preparations	Book	Schafer, P.	The Chinese medicinal herb farm: A cultivators guide to small-scale organic herb production		2012	Chelsea	Chelsea Green	1603583300		Yes
CHP-751	Chinese Herbal Preparations	Mobile App		Eastland Herb-Materia Medica and Formulas	4	2013	App Store	Eastland Press Inc		Choice of book or app	Yes
CHP-780A	Core Group I	Book	Bensky, D., Clavey, S., Stoger, E., and Gamble, A.	Chinese Herbal Medicine: Materia Medica	Portable 3rd	2015	Seattle	Eastland Press Inc	0939616823		Yes
CHP-780A	Core Group I	Book	Scheid, V., Bensky, D. Ellis, and Barolet, R.	Chinese Herbal Medicine: Formulas and Strategies	Portable 2nd	2015	Seattle	Eastland Press Inc	0939616831	Choice of book or app	Yes
COA-605	Foundations of Healthy Lifestyles	Book	Lorig, K. & Holman, H.	Living a Healthy Life with Chronic Conditions	5th	2020	Boulder, CO	Bull Publishing Co.	978-1945188312		Yes
COA-670	Advanced Coaching Skills for Health and Wellness	Book	Cox, E., Bachkirova, T., & Clutterbuck, D.	The Complete Handbook of Coaching	4th (3rd also OK)	2024 (or 2018)		Sage Publications	978-1529604887	3rd or 4th edition are fine	Yes
COA-670	Advanced Coaching Skills for Health and Wellness	Book	Moore, M., Jackson, E. & Tschannen-Moran, B	Coaching Psychology Manual	2nd	2016		Wolters-Kluwer	978-1451195262	You may have from a previous course	Yes
FPD-781	Qi Cultivation	Book	Cohen, Kenneth	The Way of Qigong: The Art and Science of Chinese Energy Healing		1997	Westminster	Ballantine Books	345421094		Yes
FPD-781	Qi Cultivation	DVD	Holden, Lee	Qi Gong for Self-Healing		2010	Boulder	Sounds True			Yes
FPD-781	Qi Cultivation	DVD	Holden, Lee	Qi Gong Flow for Beginners		2004	Los Gatos	Pacific Healing Arts			Yes
FPD-781	Qi Cultivation	Book	Skovholt, T. M., and Trotter-Mathison, M.	The resilient practitioner: Burnout and compassion fatigue prevention and self-care strategies for the helping professions	3rd	2016		Routledge	978-1138830073		Yes
FPD-850	Inderdiscip Diag & Treat	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	NA
HRB-600	Fundamentals Herbal Medicine	Book	Hoffman, D.	Medical herbalism: The science and practice of herbal medicine		2003		Healing Arts Press	978-0892817498		Yes
HRB-605	Materia Medica I	Book	Braun, L. & Cohen, M.	Herbs and natural supplements: Volume 2: An evidence-based Guide	4th	2015	New York	Churchill Livingstone	978-0729541725	Electronic copy available in LNDL library.	Yes
HRB-605	Materia Medica I	Book	Bone, K. & Mills, S.	Principles and practice of phytotherapy: Modern herbal medicine	2nd	2013	New York	Churchill Livingstone	978-0443069925	Electronic version available in LNDL library.	Yes
HRB-622	Herbal Pharmacy	Book	Bone, K. & Mills, S.	Principles and practice of phytotherapy: Modern herbal medicine	2nd	2013	New York	Churchill Livingstone	978-0443069925	Electronic version available in LNDL library.	Yes
HRB-622	Herbal Pharmacy	Other	410-888-9048 x6676	Herb Kit from MUIH Herbal Dispensary	NONE	NONE		Kits mailed to you.	NONE	Please confirm your mailing address in your data portal. Please correct if wrong by notifying the Registrar. You are responsible for additional shipping fees if herb kit is returned to us. If the kit is not returned to MUIH, you will be charged additional kit fee.	Yes
HRB-641	Safety of Botanical Medicine	NONE	NONE	https://bsh.ahpa.org/HomePage.aspx			NONE	NONE	NONE	NONE	NONE
HRB-642	Dispensary Practices and Quality Assessment of Herbal Medicine	Book	Upton, R., Graff, A. Jolliffe, G., Langer, R., & Williamson, E. (eds.)	American herbal pharmacopeia botanical pharmacognosy: Microscopic characterization of botanical medicines		2011	Boca Raton	CRC Press	978-1420073263	Electronic copy also available from LNDL library.	Yes
HRB-642	Dispensary Practices and Quality Assessment of Herbal Medicine	Book	Harris, J.G. & Harris, M.W.	Plant identification terminology: An illustrated glossary	2nd	2001	Payson	Spring Lake	978-0964022164	Electronic copy also available free online	Yes

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HRB-642	Dispensary Practices and Quality Assessment of Herbal Medicine	Book	Mead, W. J.	Dietary supplement good manufacturing practices: Preparing for compliance		2012	New York	CRC Press	978-1420077407	Electronic copy also available from LNDL library.	Yes
HRB-653	Extraction, Analytical Methods, and Formulation Strategies	NONE	NONE	NONE			NONE	NONE	NONE	NONE	NONE
HRB-691	Internship	NONE	NONE	NONE			NONE	NONE	NONE	NONE	NONE
HRB-705	Materia Medica II	Book	Braun, L. & Cohen, M.	Herbs and natural supplements: Volume 2: An evidence-based Guide	4th	2015	New York	Churchill Livingstone	978-0729541725	NONE	NONE
HRB-705	Materia Medica II	Book	Hoffman, D.	Medical herbalism: The science and practice of herbal medicine		2003	Rochester	Healing Arts Press	978-0892817498	NONE	NONE
HRB-705	Materia Medica II	Other	410-888-9048 x6676	Herb Kit from MUIH Herbal Dispensary			NONE	Kits mailed to you.	NONE	Please confirm your mailing address in your data portal. Please correct if wrong by notifying the Registrar. You are responsible for additional shipping fees if herb kit is returned to us. If the kit is not returned to MUIH, you will be charged additional kit fee.	Yes
HRB-731	Clinical Experience I	NONE	NONE	NONE			NONE	NONE	NONE	NONE	NONE
HRB-759	Applied Therapeutics	NONE	NONE	NONE			NONE	NONE	NONE	NONE	NONE
IHED-623	Health Edu Program Evaluation	Electronic Source	W.K. Kellogg Foundation	Logic model development guide		2004	Battle Creek	W.K. Kellogg Foundation	https://wkkf.issuelab.org/resource/logic-model-development-guide.html	free PDF	NA
IHED-625	Research Meth Health Ed	E-book (available for students)	Jacobsen, K.H.	Introduction to health research methods: A practical guide	3rd	2020	Sudbury	Jones and Bartlett Learning	978-1284094381	E-textbook available to students in L/NDM Library	NA
IHED-637	Princ&Prac/HlthBehav&SelfCare	NONE	NONE	NONE			NONE	NONE	NONE	E-textbook available to students in L/NDM Library	NA
IHED-642	Health Educ Program Implement	NONE	NONE	NONE			NONE	NONE	NONE	NONE	NONE
IHED-777	Hlth Care Syst:Macro to Micro	E-book (available for students)	Leiyu Shi & Douglass A. Singh	Delivering health care in America: A systems approach	8th	2022	Sudbury	Jones and Bartlett		E-textbook available to students in L/NDM Library	NA
IHM 601	Telehealth Wellness Profession	NONE									
IHM 650	Practice Management in Coaching	NONE									
IHM 762	PracMgt:Prac&BusOrientMedIII	Book	Schwartz, S.	Acupuncture business success book: The ultimate step-by-step guide for building and growing a profitable acupuncture practice.		2020		Wolters Kluwer			Yes
IHM 762	PracMgt:Prac&BusOrientMedIII	Electronic		Medical Mine. Charm EHR [Computer software]		2021				https://www.charmhealth.com/ehr/	Yes
IHM 763	Prac Mngmt: the Pract and Bus of Chin Med IV	Book	Schwartz, S.	Acupuncture business success book: The ultimate step-by-step guide for building and growing a profitable acupuncture practice.		2020		Good Help Publishing LLC			Yes
IHM 763	Prac Mngmt: the Pract and Bus of Chin Med IV	Electronic		Medical Mine. Charm EHR [Computer software]		2021				https://www.charmhealth.com/ehr/	Yes
INHS 610	Complementary and Integrative Health Interventions for Conditions	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	NA
INHS 620	Integrative Care Models	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	NA
INHS 710	Seminar in Integrative Health Studies (Sec. 200)	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	NA
ISCI 631	Intro to Complementary and Integrative Health	NONE	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	NA

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ISCI522	Foundations of Organic Chemistry	Electronic source	NA	Foundations of Organic Chemistry	NA	2022	NA	LibreTexts OER	https://med.libretexts.org/Courses/Virginia_Tech/Foundations_of_Organic_Chemistry	Access online for free or purchase a print copy here: https://libretexts.org/bookstore/single.html?med-59904	Yes
ISCI547a	Physiology I: Healthy Function	Electronic source	Chrušćik, A., Kauter, K., Windus, L., Whitehouse, E.	Physiology 1	NA	2022	NA	Pressbooks	https://547a.pressbooks.com/	Free	Yes
ISCI626	Nutritional Biochemistry	Book	Lieberman, M., & Peet, A.	Marks Basic Medical Biochemistry: A Clinical Approach	6th	2022	NA	Wolters Kluwer	978-1975150143	MSRP: \$92	Yes
ISCI-627	Pharmacol & Safety Chinese Herb	Book	Sperber, G. and Flaws, B.	Integrative Pharmacology: Combining Modern Pharmacology with Integrative Medicine	2nd	2016	Poetland	Blue Poppy Press, Inc.	978-1891845697		Yes
ISCI651	Structural Pathology in Integrative Health	Book	Eisenberg, M.	Adaptive yoga moves any body	NA	2015	Harold, Florida	Orange Cat Press	NA	NA	Yes
ISCI651	Structural Pathology in Integrative Health	Video	Shelly Prosko	2 videos for pelvic floor health	NA	NA	NA	NA	NA	https://vimeo.com/ondemand/pelvicfloorhealth	Yes
ISCI651	Structural Pathology in Integrative Health	Book	Sullivan, M. B., & Robertson, L. C. H.	Understanding Yoga Therapy: Applied philosophy and science for health and well-being	NA	2020	NA	Routledge	NA	NA	Yes
ISCI651	Structural Pathology in Integrative Health	Book	Houglum, P. & Bertoti, D.	Brunnstrom's clinical kinesiology	6th	2012	Philadelphia, PA	FA Davis	NA	NA	Yes
ISCI-758B	Biomed Integ Acu&Chin Med II	Book	Flaws, B.	The Treatment of Modern Western Medical Diseases with Chinese Medicine		2011	Boulder	Blue Poppy Press, Inc.	978-1891845574		Yes
NUTR001	ServSafe	Book	National Restaurant Association	ServSafe Manager (Standalone)	8th	2022	NA	Pearson	978-0134812359	MSRP: \$62	Yes
NUTR601	Redefining Nutrition	This course has no required resources. Everything should be available through the Canvas classroom.	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR612	Human Nutrition II: Micronutrients	Electronic source	NA	Cronometer Professional	NA	NA	NA	NA	https://cronometer.com/pro/	Sign up for Pro Starter plan. Then contact support@cronometer.com to request muih.edu special discount. Adjusted rate is \$9/month instead of \$12.95/month.	Yes
NUTR612	Human Nutrition II: Micronutrients	Book	Guilliams, Thomas G	Supplementing Dietary Nutrients, A Guide for Healthcare Professionals	2nd	2020	NA	Pointe Institute		MSRP: \$44.95; Code MUIH#SDN2 for 20% off: https://www.pointinstitute.org/product/supplementing-dietary-nutrients-second-edition-ebook/	Yes
NUTR612	Human Nutrition II: Micronutrients	Book	Gropper, S., Smith, J., Carr, T.	Advanced Nutrition and Human Metabolism.	8th	2021	NA	Cengage Learning	978-0357449813	MSRP: \$231.95	Yes
NUTR612	Human Nutrition II: Micronutrients	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes

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NUTR614	Human Nutrition I: Macronutrients	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383799	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR622	Advanced Biochemistry, Pathophysiology, and Assessments	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR622	Advanced Biochemistry, Pathophysiology, and Assessments	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR622	Advanced Biochemistry, Pathophysiology, and Assessments	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR630	Dietary Supplements in Nutrition Practice	Book	Braun, L., & Cohen, M.	Herbs and natural supplements: Volume 2: An evidence-based Guide	4th	2015	NA	Churchill Livingstone	978-0729541725	MSRP: \$51-\$62; Students only need Vol 2 of the set. Electronic version available in LNDL library.	Yes
NUTR630	Dietary Supplements in Nutrition Practice	Book	Bone, K. & Mills, S.	Principles and practice of phytotherapy: Modern herbal medicine	2nd	2013	NA	Churchill Livingstone	978-0443069925	\$94; Electronic version available in LNDL library.	Yes
NUTR630	Dietary Supplements in Nutrition Practice	Book	Guilliams, Thomas G	Supplementing Dietary Nutrients, A Guide for Healthcare Professionals	2nd	2020	NA	Pointe Institute	NA	MSRP: \$44.95; Code MUIH#SDN2 for 20% off: https://www.pointinstitute.org/product/supplementing-dietary-nutrients-second-edition-ebook/	Yes
NUTR635	Applied Clinical Nutrition I: Nutritional Assessment	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR635	Applied Clinical Nutrition I: Nutritional Assessment	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR636	Applied Clinical Nutrition II: Nutritional Assessment	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR636	Applied Clinical Nutrition II: Nutritional Assessment	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR641	Life Cycle Nutrition	Book	Brown, Isaacs, Krinkle	Nutrition Through the Life Cycle	7th	2019	NA	Cengage	978-1337919333	MSRP: \$200	Yes
NUTR646	Applied Clinical Nutrition III: Nutritional Assessment	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes

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NUTR651a	Clinical Skills I	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR651a	Clinical Skills I	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR651a	Clinical Skills I	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR651a	Clinical Skills I	Material supplies	NA	Calculator, measuring tape, assessment tool reference on course site as needed to be used for each module.	NA	NA	NA	NA	NA	Estimated MSRP: \$16. Or use some you own already.	Yes
NUTR651b	Clinical Skills II	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR651b	Clinical Skills II	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR651b	Clinical Skills II	Book	Guilliams, Thomas G	Supplementing Dietary Nutrients, A Guide for Healthcare Professionals	2nd	2020	NA	Pointe Institute	NA	MSRP: \$44.95; Code MUIH#SDN2 for 20% off: https://www.pointinstitute.org/product/supplementing-dietary-nutrients-second-edition-ebook/	Yes
NUTR651b	Clinical Skills II	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR654d	Clinic II	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR654d	Clinic II	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR654d	Clinic II	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR654d	Clinic II	Material supplies	NA	Scale, calculator, measuring tape, aqueous zinc solution; digital blood pressure cuff is optional. Webcam.	NA	NA	NA	NA	NA	Estimated cost: \$39	Yes
NUTR654d	Clinic II	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Material supplies	NA	Scale, calculator, measuring tape, aqueous zinc solution; digital blood pressure cuff is optional. Webcam.	NA	NA	NA	NA	NA	NA	Yes

Course Number	Couse Title	Source Type	Author	Title	Edition	Published Year	City Published	Publisher	ISBN	Note to Student	Required for Course
NUTR656d	Clinical Strategies in Nutrition Care II	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Material supplies	NA	Scale, calculator, measuring tape, aqueous zinc solution; digital blood pressure cuff is optional. Webcam.	NA	NA	NA	NA	NA	NA	Yes
NUTR668	Culinary Herbs in the Kitchen and Beyond	Book	Aggarwal, B	Healing Spices: How to Use 50 Everyday and Exotic Spices to Boost Health and Beat Disease	NA	2011	NA	Sterling	978-1402776632	MSRP: \$25	Yes
NUTR668	Culinary Herbs in the Kitchen and Beyond	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes
NUTR671	Food and Culture	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR672	Mindful Eating and Nourishment	Book	Albers, S.	Eat, Drink and be Mindful	NA	2008	NA	New Harbinger Publications, Inc.	978-1611804652	MSRP: \$17	Yes
NUTR672	Mindful Eating and Nourishment	Book	Bays, J.C.	Mindful Eating: A guide to rediscovering a joyful and healthy relationship with food	NA	2017	NA	Shambhala	978-0702077562	MSRP: \$41	Yes
NUTR678	Culinary Educator	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes
NUTR680	Behavior Change in Selection and Preparation of Meals	Book	Mason, P.	Health behavior change: A guide for practitioners	3rd	2019		Elsevier	978-0702077562	MSRP: \$41	Yes
NUTR681	Whole Foods Cooking Lab I	Book	Wittenberg, M	New Good Food: Shoppers Pocket Guide to Organic, Sustainable, and Seasonal Whole Foods	NA	2008	NA	Ten Speed Press	978-1580088930	MSRP: \$10	Yes
NUTR681	Whole Foods Cooking Lab I	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes
NUTR682	Whole Foods Cooking Lab II	Material supplies	NA	Cooking Lab Kit - Ordered automatically for students upon registration.	NA	NA	NA	NA		Students taking course online will receive kit via mail. Students taking course on campus will receive kit during first class.	Yes
NUTR682	Whole Foods Cooking Lab II	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes
NUTR682	Whole Foods Cooking Lab II	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes
NUTR683	Whole Foods Cooking Lab III	Book	Hay, L. & Dane, H.	Bone broth secret: A culinary adventure in health, beauty, longevity.		2015	Carlsbad, CA			MSRP: \$25	Yes
NUTR683	Whole Foods Cooking Lab III	Material supplies		Two Wide mouth 1QT mason jar with two-piece lid						Estimated cost: \$5	Yes
NUTR683	Whole Foods Cooking Lab III	Material supplies		One Wide mouth 2QT mason jar with two-piece lid						Estimated cost: \$5	Yes
NUTR683	Whole Foods Cooking Lab III	Material supplies		One one pint wide mouth jar						Estimated cost: \$5	Yes
NUTR683	Whole Foods Cooking Lab III	Material supplies		12-16 QT stock pot with lid. Stainless steel preferred						Estimated cost: \$40	Yes
NUTR684	Whole Foods Cooking Lab IV	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes
NUTR684	Whole Foods Cooking Lab IV	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes
NUTR687	Whole Foods Cooking Lab VII	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes
NUTR688	Whole Foods Cooking Lab VIII	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA			Yes

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NUTR688	Whole Foods Cooking Lab VIII	Material supplies		Sprout Chart (1)	NA	NA	NA	NA	https://sproutman.com/products/sproutman%C2%AEs-turn-the-dial-sprout-chart?variant=31726423638147	\$6	Yes
NUTR688	Whole Foods Cooking Lab VIII	Material supplies		Sprout Jar (1)	NA	NA	NA	NA	https://www.amazon.com/Sprout-Ease-Econo-Sprouter-Toppers-Set-Piece/dp/B005P0SM8W/ref=dp_prsubs_1?pd_rd_w=Sl3rn&content-id=amzn1.sym.ec3cee7c-6bd8-496a-8166-4fdb6d51cad1&pf_rd_p=ec3cee7c-6bd8-496a-8166-4fdb6d51cad1&pf_rd_r=68YV2FNMTCTQ35YKWMG&pd_rd_wg=XaViG&pd_rd_r=26952f63-0733-4245-a08f-1790485868ae&pd_rd_i=B005P0SM8W&pvc=1	\$6.50 or purchase sprout bag	Yes
NUTR698	Nutrition MSNIH Comprehensive Exam	N/A									
NUTR801	Principles of Integrative & Functional Nutrition	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://learn.muih.edu/courses/296/pages/ifm-institute-for-functional-medicine-toolkit?module_item_id=383798	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR811	Special Topics in Nutrition II	N/A									Yes
NUTR822	Epigenetics and Nutritional Genomics	N/A									
NUTR823	Ethics in Clinical Nutrition	Book	Jonsen, A.R., Siegler, M., and Winslade, W.J.	Clinical Ethics: A practical approach to ethical decisions in clinical medicine	9th	2022	New York	McGraw Hill	978-1260457544		Yes
NUTR831	Integrative & Functional Nutrition in Gastrointestinal Health	Book	Rakel, D. and Minichiello, V.	Integrative Medicine	5th	2023		Elsevier	978-0323777278	MSRP: \$105	Yes
NUTR831	Integrative & Functional Nutrition in Gastrointestinal Health	Book	Lipski, E.	Digestive Wellness	5th	2019	New York	McGraw-Hill	978-1260019391	MSRP: \$26	Yes
NUTR835	Integrative & Functional Nutrition in Endocrine and Energy Health	Book	Rakel, D. and Minichiello, V.	Integrative Medicine	5th	2023		Elsevier	978-0323777278	MSRP: \$105	Yes
NUTR850	Nutrition-Focused Physical Exam	Book	Mordarski, B.	Nutrition Focused Physical Exam Pocket Guide	3rd	2021		American Academy of Nutrition and Dietetics	978-0880912068	MSRP: \$34.99	Yes
NUTR901	Advanced Clinical Nutrition Residency II	N/A									
RSCH 601	Research Literacy	Book	Harris, Taylor, and Jackson	Clinical evidence made easy: the basics of evidence-based medicine		2014	Banbury	Scion			Yes
RSCH 601	Research Literacy	Book	Harris, Taylor, and Jackson	Medical statistics made easy	3rd	2014	Banbury	Scion			Yes
Yoga 612	Health and Disease: Yogic Perspectives and Practices	book	Finlayson, D. and Roberson, L.	Yoga Therapy Foundations	1st	2021	London	Singing Dragon	ISBN 978-1787754140	Paperback - \$70/ Kindle \$61	Yes
Yoga 612	Health and Disease: Yogic Perspectives and Practices	book/kindle	Sullivan, M. B., & Robertson, L. C. H.	Understanding Yoga Therapy: Applied philosophy and science for health and well-being	1st	2020	New York NY	Routledge	ISBN 978-1138484559	Paperback - \$29 / Kindle \$29	Yes

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Yoga 615	Breath and Health	book/kindle	Sullivan, M. B., & Robertson, L. C. H.	Understanding Yoga Therapy: Applied philosophy and science for health and well-being	1st	2020	New York NY	Routledge	ISBN 978-1138484559	Paperback - \$29 / Kindle \$29	Yes
Yoga 615	Breath and Health	book	Saraswati, S.	Prana and pranayama	n/a	2010	Munger, Bihar, India	Yoga Publications Trust	ISBN 978-8186336793	Paperback \$16	Yes
Yoga 615	Breath and Health	book/kindle	Farhi, D.	The Breathing Book	n/a	1996	New York NY	St. Martin's Griffin	ISBN 978-0805042979	Paperback - \$20 / Kindle \$13	Yes
YOGA 635	Therapeutic Relationship and Client Education II	book/kindle	Nelson K., Ronka, D. & Lang L.	Designing and leading life-changing workshops.	N/A	2020	N/A	Cliffhouse Press	ISBN-13978-1732003309	Paperback - Estimated Cost \$22.95 Kindle \$9.99	Yes
Yoga 642	Yoga Therapy: Principles and Practices II	book/kindle	Danford, J.	Yoga Therapy for Parkinson's Disease and Multiple Sclerosis	n/a	2016	London	Singing Dragon	ISBN 978-1848192997	Paperback - \$36 / Kindle \$40	Yes
Yoga 642	Yoga Therapy: Principles and Practices II	book/kindle	Pearson, N., Prosko, S., Sullivan, M.	Yoga and Science in Pain Care	n/a	2019	London	Singing Dragon	ISBN 978-1848193970	Paperback - \$40 / Kindle \$49	Yes
Yoga 642	Yoga Therapy: Principles and Practices II	book/kindle/audible	Stanley, T.	Radiant Rest	n/a	2021	Boulder, CO	Shambhala Publications	ISBN 978-1611808551	Paperback - \$17 / Kindle \$15 / Audible \$1	Yes
Yoga 642	Yoga Therapy: Principles and Practices II	book/kindle	Schmid A., Van Puymbroeck	Yoga Therapy for Stroke	n/a	2019	London	Singing Dragon	ISBN 978-1848193697	Paperback \$35 / Kindle \$33	Yes
YOGA 645	Mentored Yoga Therapy Student Clinic II	book/kindle/audible	Adele, D.	Kleshas	N/A	2023	Duluth, MN	On-Word Bound Books	ISBN-13 : 979-8986789101	Paperback - Estimated Cost \$13.90 Kindle \$8.49 Audible \$23.39	Yes
YOGA 645	Mentored Yoga Therapy Student Clinic II	book/kindle	Agomar, F.	Yoga therapy for stress, burnout and chronic fatigue syndrome	N/A	2021	Great Britain	Singing Dragon	ISBN 978-1-84819-277-5	Paperback - Estimated Cost \$35.00, Kindle \$28.49	Yes
YOGA 645	Mentored Yoga Therapy Student Clinic II	book/kindle	Nurrie Stearns, M. and Nurrie Stearns, R.	Yoga mind, peaceful mind	N/A	2015	N/A	New Harbinger Publications, Inc.	ISBN 978-1626250963	Paperback - Estimated Cost \$20.99, Kindle \$15.55	Yes

