

Course Number	Course Title	Source Type	Author	Title	Edition	Published Year	City Published	Publisher	ISBN	Note to Student	Required for Course
HRB-605	Materia Medica I	Book	Braun, L. & Cohen, M.	Herbs and natural supplements: Volume 2: An evidence-based Guide	4th	2015	New York	Churchill Livingstone	978-0729541725	Electronic copy available in LNDL library.	Yes
HRB-605	Materia Medica I	Book	Bone, K. & Mills, S.	Principles and practice of phytotherapy: Modern herbal medicine	2nd	2013	New York	Churchill Livingstone	978-0443069925	Electronic version available in LNDL library.	Yes
HRB-624	Applied Herbalism in Clinical Practice	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-636	Botany Intensive: Exploring Sustainable Supply Chains	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-636	Botany Intensive: Exploring Sustainable Supply Chains	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-637	Business of Herbal Products	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-641	Safety of Botanical Medicine	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-731	Clinical Experience I	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-732	Clinical Experience II	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-738	Clinical Theory in Practice	E-Book	Conway, P.	The consultation in phytotherapy e-book: The herbal practitioner's approach to the patient		2010	Amsterdam	Elsevier Health Sciences	978-0443074929		Yes
HRB-781	Research in Botanical Pharmacognosy	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
HRB-794	Case Studies in Herbal Product Design	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
IHED-615	Health Promotion Administration, Management and Resource Development	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
IHED-625	Research Methods in Health Education	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
IHED-626	Health Education Needs Assessment	Book	Wambeam, R. A.	The community needs assessment workbook		2016	Oxford	Oxford University Press	978-0190615505	E-textbook available to students in L/NDM Library	Yes
IHED-637	Principles and Practices of Health Behavior and Self-Care	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
IHED-641	Health Promotion Capstone	None	None	None	None	None	None	None	None	There are no books/materials requiring purchase	None
IHM 601	Telehealth for the Wellness Professional	NONE									
IHM 650	Practice Management in Coaching	NONE									
IHM662	Professional Practices I Yoga	Book	Adele, D.	The kleshas: Exploring the elusiveness of happiness	NA	2023	NA	On-Word Bound Books, LLC	979-8986789101	NA	Yes
IHM662	Professional Practices I Yoga	Book	Adele, D.	The yamas and niyamas: Exploring yoga's ethical practice	1st	2009	NA	On-Word Bound Books, LLC	978-0974470641	NA	Yes
IHM662	Professional Practices I Yoga	Book	Benjamin, B. E. & Sohnen-Moe, C.	The ethics of touch	2nd	2014	NA	Sohnen-Moe Associates, Inc.	978-1882908424	2021 edition is also acceptable	Yes
IHM662	Professional Practices I Yoga	Book	Finlayson, D. & Robertson, L. H. (Eds.)	Yoga therapy foundations, tools, and practice: A comprehensive textbook	NA	2021	New York, NY	Singing Dragon	978-1787754140	NA	Yes
INHS-710	Seminar in Integrative Health Studies (Sec.200)	None	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	
ISCI522	Foundations of Organic Chemistry	Electronic source	NA	Foundations of Organic Chemistry	NA	2022	NA	LibreTexts OER	https://med.libretexts.org/Courses/Virginia_Tech/Foundations_of_Organic_Chemistry	Access online for free or purchase a print copy here: https://libretexts.org/bookstore/single.html?med-59904	Yes
ISCI547a	Physiology I: Healthy Function	Electronic source	Chrušćik, A., Kauter, K., Windus, L., Whitehouse, E.	Physiology 1	NA	2022	NA	Pressbooks	https://547a.pressbooks.com/	Free	Yes
ISCI613	Mental Health & Mind Body Science	Book	Sullivan, MB. & Robertson, LCH.	Understanding Yoga Therapy: Applied Philosophy and Science for Health and Well-Being	1st	2020	NA	Routledge	978-1138484542	NA	Yes
ISCI613	Mental Health & Mind Body Science	Book	Agombar, F.	Yoga Therapy for Stress, Burnout and Chronic Fatigue Syndrome	NA	2021	New York, NY	Singing Dragon	978-1848192775	NA	Yes

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ISCI613	Mental Health & Mind Body Science	Book	Finlayson, D. & Robertson, L. H. (Eds.)	Yoga therapy foundations, tools, and practice: A comprehensive textbook	NA	2021	New York, NY	Singing Dragon	978-1787754140	NA	Yes
ISCI626	Nutritional Biochemistry	Book	Lieberman, M., & Peet, A.	Marks Basic Medical Biochemistry: A Clinical Approach	6th	2022	NA	Wolters Kluwer	978-1975150143	MSRP: \$92	Yes
ISCI-631	Intro to Complementary and Integrative Health	None	NA	NA	NA	NA	NA	NA	NA	No required textbook. All required readings will be made available within the course	
ISCI-671	Physical Activity and Health	Book	Kotecki, J.E.	Physical Activity & Health	5th	2016	Jones and Bartlett		978-1284102307		
ISCI-752	Advanced Diagnostic Studies	Book	Corbett, J. V., & Banks, A. D.	Laboratory Tests and Diagnostic Procedures with Nursing Diagnoses	9th	2018		Pearson Publishing	978-0134749389		Yes
MUIH-550	Information Literacy	Book	American Psychological Association	Publication manual of the American Psychological Association	7th	2020	American Psychological Association		NA	This textbook is recommended. There are online resources available as well through the American Psychological Association Style website (https://apastyle.apa.org/)	Recommended
NUTR001	ServSafe	Book	National Restaurant Association	ServSafe Manager (Standalone)	8th	2022	NA	Pearson	978-0134812359	MSRP: \$62	Yes
NUTR601	Redefining Nutrition	This course has no required resources to be purchased. Everything is available through the Canvas classroom.	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR612	Human Nutrition II: Micronutrients	Electronic source	NA	Cronometer Professional	NA	NA	NA	NA	https://cronometer.com/pro/	Sign up for Pro Starter plan. Then contact support@cronometer.com to request muih.edu special discount. Adjusted rate is \$9/month instead of \$12.95/month.	Yes
NUTR612	Human Nutrition II: Micronutrients	Book	Guilliams, Thomas G	Supplementing Dietary Nutrients, A Guide for Healthcare Professionals	2nd	2020	NA	Pointe Institute		MSRP: \$50; Code MUIH#SDN2 for 20 off: https://www.pointinstitute.org/product/supplementing-dietary-nutrients-second-edition-ebook/	Yes
NUTR612	Human Nutrition II: Micronutrients	Book	Gropper, S., Smith, J., Carr, T.	Advanced Nutrition and Human Metabolism.	8th	2021	NA	Cengage Learning	978-0357449813	MSRP: \$231.95	Yes
NUTR612	Human Nutrition II: Micronutrients	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR614	Human Nutrition I: Macronutrients	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes

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NUTR622	Advanced Biochemistry, Pathophysiology, and Assessments	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR622	Advanced Biochemistry, Pathophysiology, and Assessments	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR622	Advanced Biochemistry, Pathophysiology, and Assessments	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR630	Dietary Supplements in Nutrition Practice	Book	Braun, L., & Cohen, M.	Herbs and natural supplements: Volume 2: An evidence-based Guide	4th	2015	NA	Churchill Livingstone	978-0729541725	MSRP: \$51-\$62; Students only need Vol 2 of the set. Electronic version available in MUIH library.	Yes
NUTR630	Dietary Supplements in Nutrition Practice	Book	Bone, K. & Mills, S.	Principles and practice of phytotherapy: Modern herbal medicine	2nd	2013	NA	Churchill Livingstone	978-0443069925	\$94; Electronic version available in MUIH library.	Yes
NUTR630	Dietary Supplements in Nutrition Practice	Book	Guilliams, Thomas G	Supplementing Dietary Nutrients, A Guide for Healthcare Professionals	2nd	2020	NA	Pointe Institute	NA	MSRP: \$50; Code MUIH#SDN2 for 20 off: https://www.pointinstitute.org/product/supplementing-dietary-nutrients-second-edition-ebook/	Yes
NUTR635	Applied Clinical Nutrition I: Nutritional Assessment	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR635	Applied Clinical Nutrition I: Nutritional Assessment	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR636	Applied Clinical Nutrition II: Nutritional Assessment	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR641	Life Cycle Nutrition	Book	Brown, Isaacs, Krinkle	Nutrition Through the Life Cycle	7th	2019	NA	Cengage	978-1337919333	MSRP: \$200	Yes
NUTR646	Applied Clinical Nutrition III	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR651a	Clinical Skills I	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR651a	Clinical Skills I	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR651a	Clinical Skills I	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR651a	Clinical Skills I	Material supplies	NA	Calculator, measuring tape, assessment tool reference on course site as needed to be used for each module.	NA	NA	NA	NA	NA	Estimated MSRP: \$16. Or use some you own already.	Yes
NUTR651b	Clinical Skills II	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes

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NUTR651b	Clinical Skills II	Book	Guilliams, Thomas G	Supplementing Dietary Nutrients, A Guide for Healthcare Professionals	2nd	2020	NA	Pointe Institute	NA	MSRP: \$50; Code MUIH#5DN2 for 20 off: https://www.pointinstitute.org/product/supplementing-dietary-nutrients-second-edition-ebook/	Yes
NUTR651b	Clinical Skills II	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR654d	Clinic II	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muh.edu with the name of your course to request the toolkit.	Yes
NUTR654d	Clinic II	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR654d	Clinic II	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR654d	Clinic II	Material supplies	NA	Scale, calculator, measuring tape, aqueous zinc solution; digital blood pressure cuff is optional. Webcam.	NA	NA	NA	NA	NA	Estimated cost: \$39	Yes
NUTR654d	Clinic II	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muh.edu with the name of your course to request the toolkit.	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR656c	Clinical Strategies in Nutrition Care I	Material supplies	NA	Scale, calculator, measuring tape, aqueous zinc solution; digital blood pressure cuff is optional. Webcam.	NA	NA	NA	NA	NA	NA	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muh.edu with the name of your course to request the toolkit.	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Book	Raymond, J.L., and Morrow, K.	Krause and Mahans Food and the Nutrition Care Process	16th	2023	NA	Elsevier	978-0323810258	MSRP: \$197	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Book	Pizzorno J., Murray M., Joiner-Bey, H.	The Clinician's Handbook of Natural Medicine	3rd	2015	NA	Churchill Livingstone	978-0702055140	MSRP: \$70	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Book	Bauer, K., Liou D.	Nutritional Counseling and Education Skill Development	4th	2021	NA	Cengage Learning	978-0357367667	MSRP: \$119 for physical copy; \$82 for ebook	Yes
NUTR656d	Clinical Strategies in Nutrition Care II	Material supplies	NA	Scale, calculator, measuring tape, aqueous zinc solution; digital blood pressure cuff is optional. Webcam.	NA	NA	NA	NA	NA	NA	Yes
NUTR668	Culinary Herbs in the Kitchen and Beyond	Book	Aggarwal, B	Healing Spices: How to Use 50 Everyday and Exotic Spices to Boost Health and Beat Disease	NA	2011	NA	Sterling	978-1402776632	MSRP: \$25	Yes

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NUTR672	Mindful Eating and Nourishment	Book	Albers, S.	Eat, Drink and be Mindful	NA	2008	NA	New Harbinger Publications, Inc.	978-1611804652	MSRP: \$17	Yes	
NUTR672	Mindful Eating and Nourishment	Book	Bays, J.C.	Mindful Eating: A guide to rediscovering a joyful and healthy relationship with food	NA	2017	NA	Shambhala	978-0702077562	MSRP: \$41	Yes	
NUTR678	Culinary Educator	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes	
NUTR678	Culinary Educator	Material supplies	NA	Cooking lab Kit (knife roll with a 7" full tang chef's knife for cooking and a full tang, stainless steel paring knife, both with guards, a honing steel, MUIH apron, a NSF certified cutting board)	NA	NA	NA	NA	NA	NA	NA	
NUTR680	Behavior Change In Selection and Preparation of Meals	Book	Mason, P.	Health behavior change: A guide for practitioners	3rd	2019	NA	Elsevier	978-0702077562	MSRP: \$38	Yes	
NUTR681	Whole Foods Cooking Lab I	Book	Wittenberg, M	New Good Food: Shoppers Pocket Guide to Organic, Sustainable, and Seasonal Whole Foods	NA	2008	NA	Ten Speed Press	978-1580088930	MSRP: \$10	Yes	
NUTR681	Whole Foods Cooking Lab I	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes	
NUTR682	Whole Foods Cooking Lab II	Material supplies	NA	Cooking Lab Kit - Ordered automatically for students upon registration.	NA	NA	NA	NA	NA	Students taking course online will receive kit via mail. Students taking course on campus will receive kit during first class.	You must verify your mailing address in the NDMU registration system by the first Thursday of the trimester. Cannot ship to international addresses or P.O. boxes. Email nutrition@muh.edu if you have any questions. Full details have been emailed to you.	Yes
NUTR682	Whole Foods Cooking Lab II	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes	
NUTR682	Whole Foods Cooking Lab II	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes	
NUTR683	Whole Foods Cooking Lab III	Book	Dane, H. & Hay, L	Bone broth secret: A culinary adventure in health, beauty, longevity	NA	2016	NA	Hay House	978-1401950088	MSRP: \$30	Yes	
NUTR683	Whole Foods Cooking Lab III	Book	Katz, S.E.	The art of fermentation: An in-depth exploration of essential concepts and processes from around the world	NA	2012	NA	Chelsea Green Publishing	978-1603582865	MSRP: \$19	Yes	
NUTR683	Whole Foods Cooking Lab III	Book	Hause, A.M., Labensky S.R., & Martel, P.A.	On Cooking: A Textbook of Culinary Fundamentals	6th	2018		Pearson	978-0134441900	MSRP: \$206; Earlier editions acceptable.	Yes	
NUTR683	Whole Foods Cooking Lab III	Cooking Lab Kit	NA	Knife roll with a 7" full tang chef's knife for cooking and a full tang, stainless steel paring knife, both with guards, honing steel, MUIH apron, an NSF certified cutting board	NA	NA	NA	NA	NA	NA	Yes	
NUTR683	Whole Foods Cooking Lab III	Material supplies	NA	A minimum of one wide-mouth 2qt, and two wide-mouth 1qt mason jars with 2-piece lids required for module 1. Also a fine mesh strainer and cheesecloth. A 12-16qt stock pot with lid required for modules 3 and 4.	NA	NA	NA	NA	NA	NA	Yes	
NUTR684	Whole Foods Cooking Lab IV	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes	

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NUTR684	Whole Foods Cooking Lab IV	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes
NUTR687	Whole Foods Cooking Lab VII	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes
NUTR688	Whole Foods Cooking Lab VIII	Book	Labensky S.R., Martel, P.A, and Hause, A.M.	On Cooking: A Textbook of Culinary Fundamentals	6th	2019	NA	Pearson	978-0134441900	MSRP: \$166.65. (Students are welcome to acquire a previous edition instead.)	Yes
NUTR688	Whole Foods Cooking Lab VIII	Material supplies	NA	Cooking Lab Kit	NA	NA	NA	NA	NA	NA	Yes
NUTR688	Whole Foods Cooking Lab VIII	Material supplies	Sprout Bag (1)	NA	NA	NA	NA	NA	https://sproutman.com/products/sproutmans%C2%AE-sprout-bag-just-dip-in-water-hang-it-up-watch-em-grow?_pos=1&_sid=50fee9640&_ss=r	\$14.95 (OR purchase sprout jar)	Yes
NUTR688	Whole Foods Cooking Lab VIII	Material supplies	Sprout Chart (1)	NA	NA	NA	NA	NA	https://sproutman.com/products/sproutman%C2%AEs-turn-the-dial-sprout-chart?variant=31726423638147	\$6	Yes
NUTR688	Whole Foods Cooking Lab VIII	Material supplies	Sprout Jar (1)	NA	NA	NA	NA	NA	https://www.amazon.com/Sprout-Ease-Econo-Sprouter-Toppers-Set-Piece/dp/B005P0SM8W/ref=dp_prsubs_1?pd_rd_w=Sl3rn&content-id=amzn1.sym.ec3cee7c-6bd8-496a-8166-4fdb6d51cad1&pf_rd_p=ec3cee7c-6bd8-496a-8166-4fdb6d51cad1&pf_rd_r=68YV2FNMTQCQTQ35YKWMG&pd_rd_wg=XaViG&pd_rd_r=26952f63-0733-4245-a08f-1790485868ae&pd_rd_i=B005P0SM8W&pvc=1	\$6.50 or purchase sprout bag	Yes
NUTR6EXI	Nutrition MSNIH Comprehensive Exam	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR6EXI	Nutrition MSNIH Comprehensive Exam	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR705	DCN Orientation	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR723	Advanced Biochemistry and	No new	NA	NA	NA	NA	NA	NA	NA	NA	NA
NUTR801	Principles of Integrative & Functional Nutrition	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR802	Nutritional Approaches to Detoxification	Book	Rakel, D.	Integrative medicine	5th	2023	Philadelphia, PA	Elsevier	978-0-323-77727-8	MSRP: \$74	Yes
NUTR833	Integrative & Functional Nutrition in Cardio-Metabolic Health	Toolkit	NA	IFM Practitioner Tools for MUIH Students	NA	2024	NA	Institute for Functional Medicine	https://ndm.instructure.com/courses/4215/pages/institute-of-functional-medicine-ifm-toolkit?module_item_id=14482	Available in the Nutrition Community Site at link provided. If for any reason you don't have access, please email nutrition@muih.edu with the name of your course to request the toolkit.	Yes
NUTR833	Integrative & Functional Nutrition in Cardio-Metabolic Health	Book	Rakel, D.	Integrative medicine	5th	2023	Philadelphia, PA	Elsevier	978-0-323-77727-8	MSRP: \$74	Yes
NUTR834	Integrative & Functional Nutrition in Neurological Health	Book	Beck, R.	Functional neurology for practitioners of manual medicine	2nd	2011	NA	Churchill Livingstone	978-0702040627	MSRP: \$129	Yes

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NUTR837	Integrative and Functional Nutrition for Complex Cases	No new resources/textbooks required	NA	NA	NA	NA	NA	NA	NA	NA	NA
RSCH-601	Research Literacy	Book/ ebook	Harris, Taylor, and Jackson	Clinical evidence made easy: the basics of evidence-based medicine		2014	Banbury	Scion		Electronic version available in LNDL library.	
RSCH-601	Research Literacy	Book/ ebook	Harris, Taylor, and Jackson	Medical statistics made easy	3rd	2014	Banbury	Scion		Electronic version available in LNDL library.	
YOGA614	Theoretical Foundations and Practical Applications	Book	Desai, K.	Yoga Nidra: The Art of Transformational Sleep	NA	2017	NA	Lotus Press	978-0940676398	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Finlayson, D. & Robertson, LH., eds.	Yoga Therapy Foundations, Tools, and Practice: A Comprehensive Textbook	NA	2021	New York, NY	Singing Dragon	978-1787754140	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Hayes, SC.	Get Out of Your Mind and Into Your Life: The New Acceptance and Commitment Therapy	NA	2005	NA	New Harbinger Publications	978-1572244252	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Levine, S.	Guided Meditations, Explorations and Healings	NA	1991	NA	Knopf Doubleday Publishing Group	978-0385417372	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Miller, RC.	The iRest Program for Healing PTSD: A Proven-Effective Approach to Using Yoga Nidra Meditation and Deep Relaxation Techniques to Overcome Trauma	NA	2015	NA	New Harbinger Publications	978-1626250246	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Hiti, JK. & Saraswati, SS.	Yoga Nidra	NA	1984	NA	Munger: Bihar School of Yoga	NA	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Siegel, RD.	The Mindfulness Solution: Everyday Practices for Everyday Problems	NA	2010	NA	Guilford Press	978-1606232941	NA	Yes
YOGA614	Theoretical Foundations and Practical Applications	Book	Sullivan, MB. & Robertson, LCH.	Understanding Yoga Therapy: Applied Philosophy and Science for Health and Well-Being	1st	2020	NA	Routledge	978-1138484542	NA	Yes
YOGA643	Yoga Therapy: Principles and Practice III	Book	Birch, K. & Mason, H.	Yoga for Mental Health: A Practical Guide to Supporting Mental Health Through Yoga	NA	2018	NA	Handspring Publishing	ISBN: 978-1909141354	NA	Yes
YOGA643	Yoga Therapy: Principles and Practice III	Book	Meyers T.	Yin Yoga Therapy for Mental Health	NA	2022	London	Singing Dragon	978-1848194151	NA	Yes
YOGA643	Yoga Therapy: Principles and Practice III	Book	Weintraub, Amy	Yoga for Depression	1st	2003	New York	Harmony Publishers	978-0767914505	NA	Yes
YOGA646	Mentored Yoga Therapy Student Clinic III	Website	NA	https://smartsafeyoga.com/wp-content/uploads/2015/08/Conscious-Ahimsa.pdf	NA	NA	NA	NA	NA	NA	Yes
YOGA646	Mentored Yoga Therapy Student Clinic III	Previous course materials	NA	NA	NA	NA	NA	NA	NA	Materials from Therapeutic Presence Part I and II	Yes
YOGA649	Clinical Case Reporting in Yoga Therapy	Website	NA	CARE case report website: https://www.care-statement.org/	NA	NA	NA	NA	NA	NA	Yes
YOGA649	Clinical Case Reporting in Yoga Therapy	Journal	Justice, C., Cheung, C., & Samson-Burke, A.	Development and Evaluation of a Yoga Intervention Program for Parkinson's Disease	NA	2018	NA	International Journal of yoga therapy	NA	28(1), 113-122	Yes
YOGA649	Clinical Case Reporting in Yoga Therapy	Article	Sherman, K. J.	Guidelines for developing yoga interventions for randomized trials	NA	2012	NA	Evidence-Based Complementary and Alternative Medicine	NA	NA	Yes
YOGA649	Clinical Case Reporting in Yoga Therapy	Journal	Ward, L., Stebbings, S., Cherkin, D., & Baxter, G. D.	Components and reporting of yoga interventions for musculoskeletal conditions: A systematic review of randomised controlled trials	NA	2014	NA	Complementary therapies in medicine	NA	22(5), 909-919	Yes

